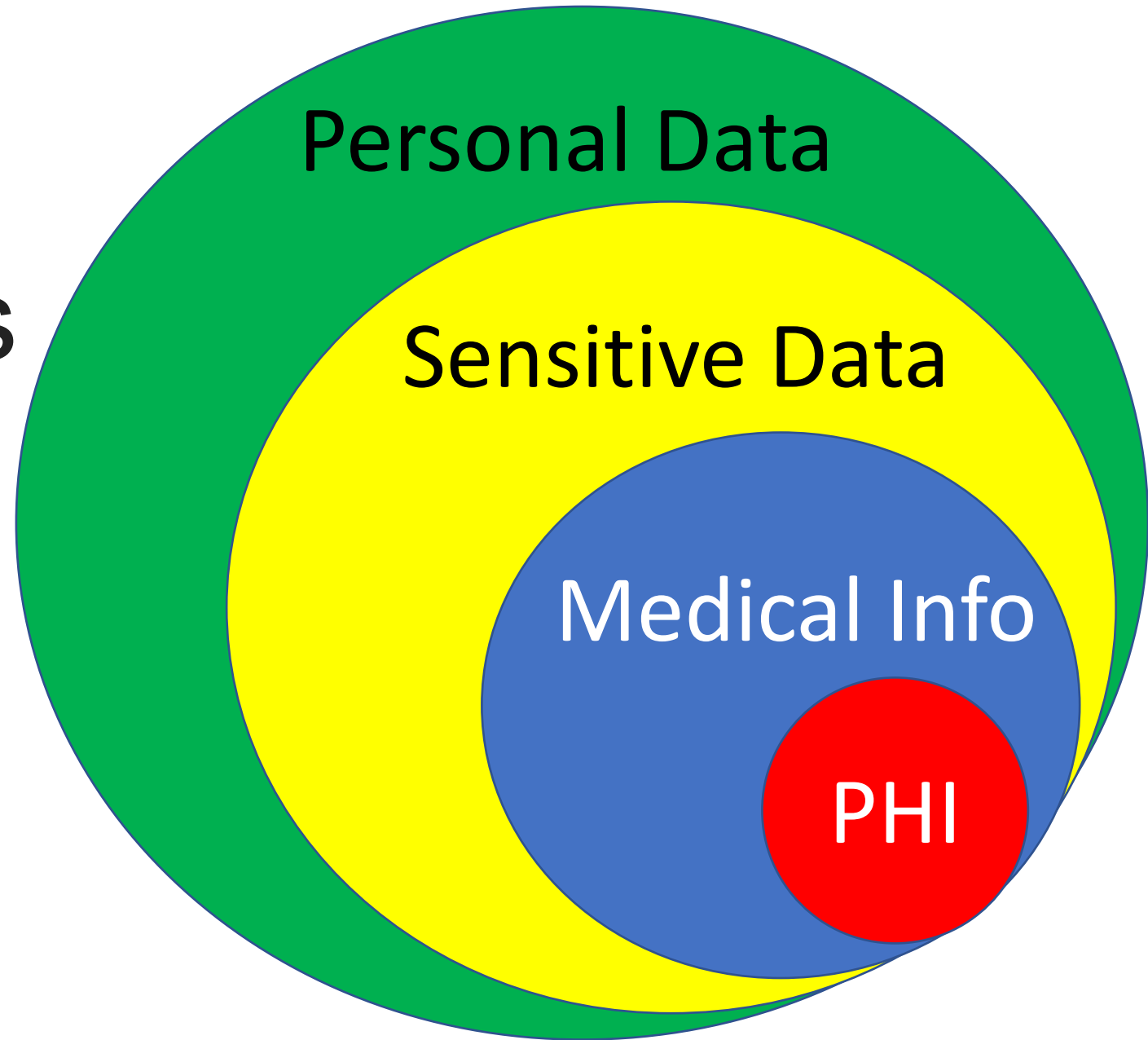


# Emerging Issues in Digital Health Privacy





# Mason Fitch

**Mason Fitch** is an associate in Hintze Law's Health and Biotech Privacy Group. He is based out of Hintze Law's Houston office.

Mason counsels clients on a wide range of privacy and data security issues, particularly on privacy by design, data protection impact assessments, privacy policies, and development of privacy programs. Mason has experience with the HIPAA Privacy and Security Rules, state-based health information laws such as the California Confidentiality of Medical Information Act (CMIA), California Consumer Protection Act (CCPA), EU GDPR, biometric information privacy laws, FTC Act, development of internal privacy practices, M&A diligence, and online advertising.

Mason has significant experience in-house, both in legal and program management contexts. He was the first privacy hire at Hims & Hers Health, where he was responsible for all legal issues relating to privacy and security as well as the development of a privacy program. Prior to Hims & Hers Health, Mason was a Manager on the Privacy Program team at Meta (formerly Facebook). His team was responsible for conducting privacy reviews for all new or different uses of user data across Meta's messaging platforms, including Messenger, WhatsApp, and Instagram Direct. He launched the privacy review process at WhatsApp.

Mason started his legal career as an Associate at Debevoise & Plimpton LLP, where he counseled clients on GDPR compliance and participated in several high-profile white collar investigations.

Prior to law school, Mason was an 8th Grade U.S. History teacher and History Department Head at Aiea Intermediate School in Aiea, Hawaii through Teach for America.

[mason@hintzelaw.com](mailto:mason@hintzelaw.com)

W: (281) 849-6281



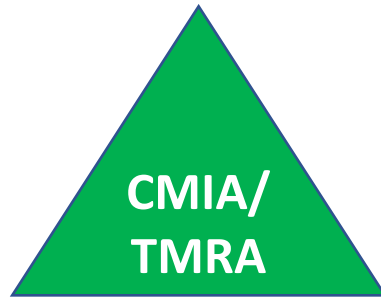
**Hintze Law**  
Privacy + Data Security

# Agenda

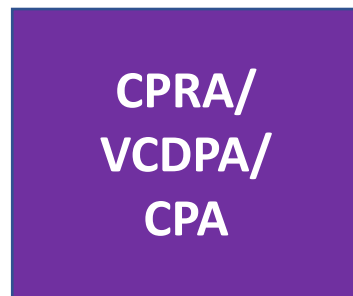
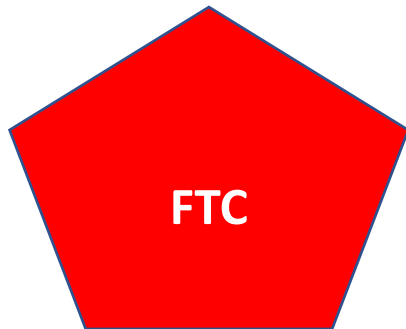
- 12:00
  - HIPAA
    - When it Applies and When it Doesn't
    - HIPAA Basics
  - State Medical Privacy Laws
  - State Comprehensive Consumer Privacy Laws
  - FTC Health Privacy
  - Other Laws to Consider
  - Q&A
- 1:00



# Health information is governed by a variety of laws across jurisdictions.



**The challenge:  
What law  
applies when?**



# HIPAA applies only in very specific situations.

## 1) Is the entity covered by HIPAA?

Covered Entity (CE):

- Health providers that engage in HIPAA standard electronic transactions
- Health plans
- Healthcare clearinghouses

Business Associate (BA):

- Perform functions on behalf of, or provide services to, Covered Entity (CE) or Business Associate (BA) **and**
- Create, receive, maintain or transmit (access) PHI for or on behalf of CE or BA



# HIPAA applies only in very specific situations.

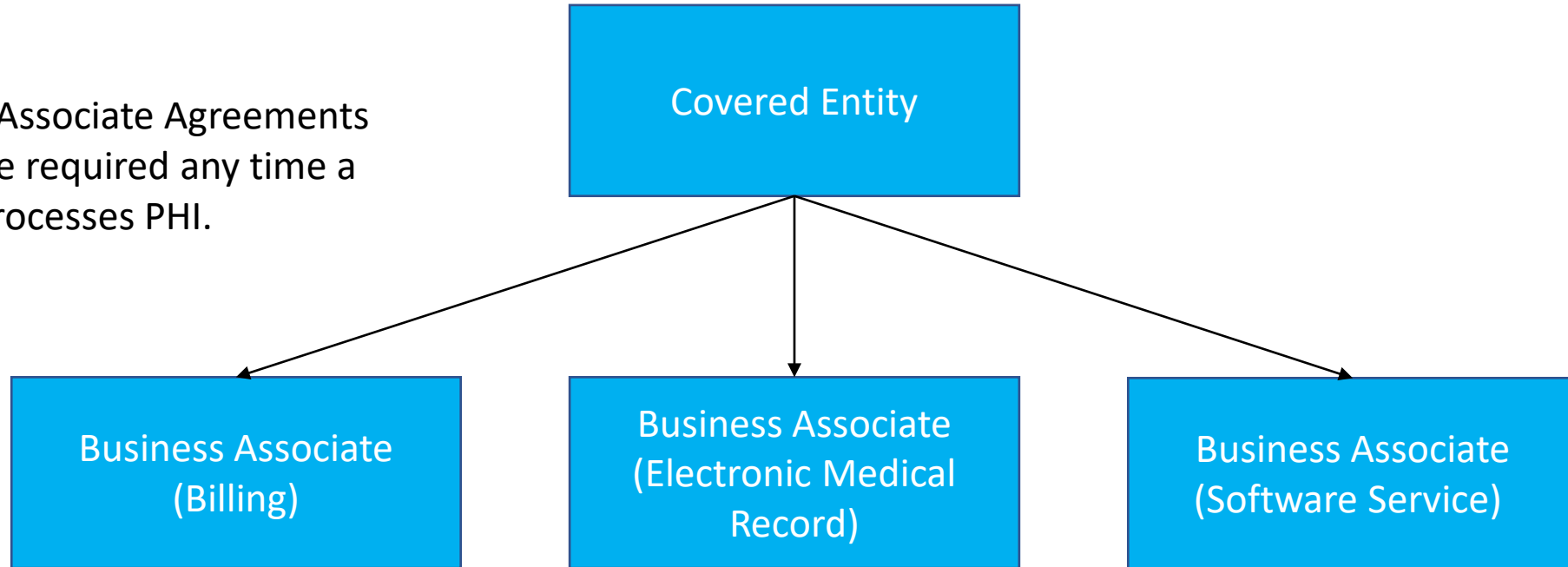
## 2) Is there PHI?

- 1) Is created or received by a health care provider, health plan, employer, or health care clearinghouse and
- 2) Relates to the past, present, or future physical or mental health or condition of an individual; the provision of health care to an individual; or the past, present, or future payment for the provision of health care to an individual and
- 3) Identifies the individual or where there is a reasonable basis to believe the information can be used to identify the individual



# HIPAA obligations follow the PHI.

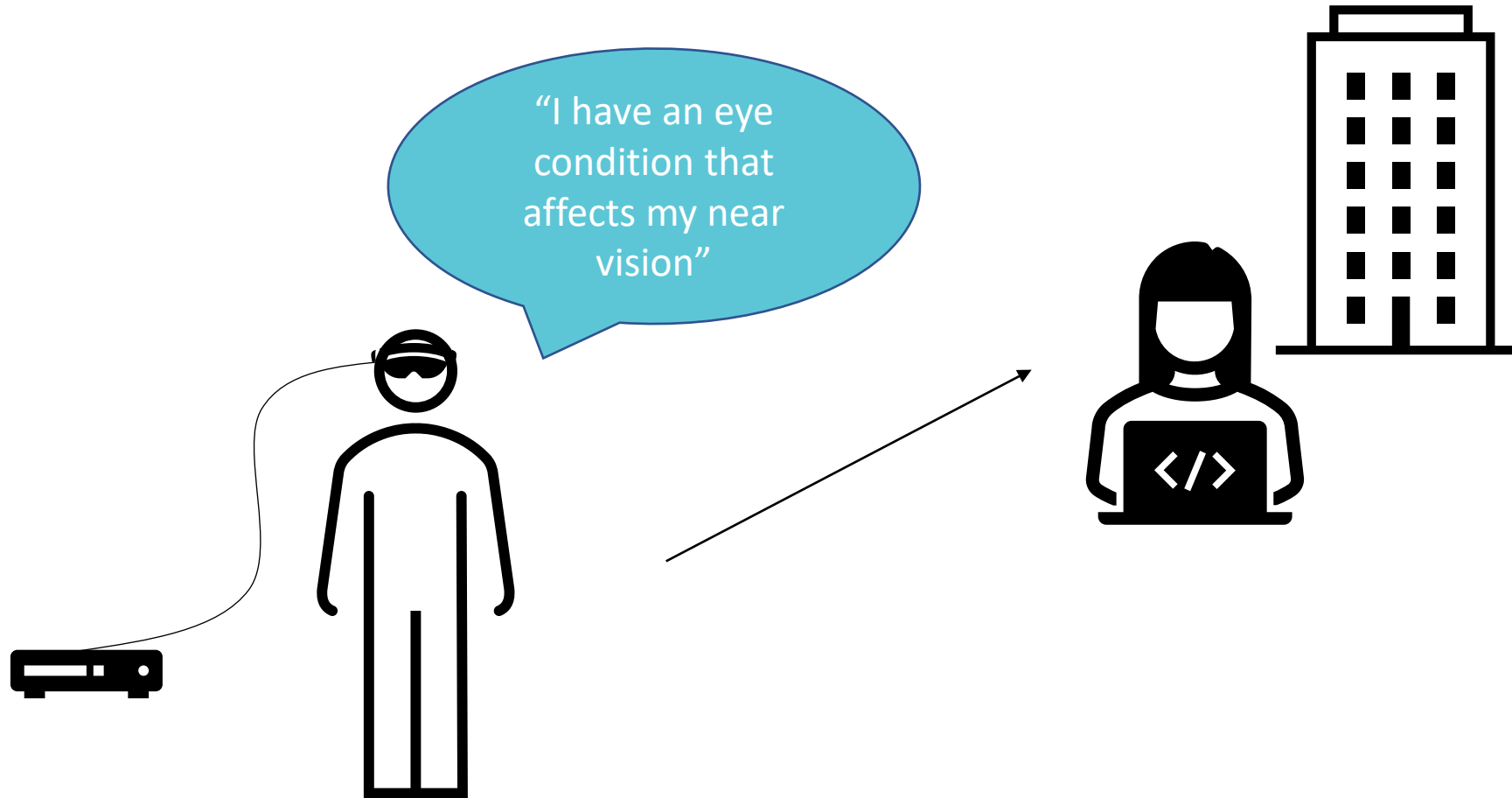
Business Associate Agreements (BAAs) are required any time a vendor processes PHI.



Business Associates are directly covered by HIPAA (i.e., obligations are not only through BAA) for some requirements.

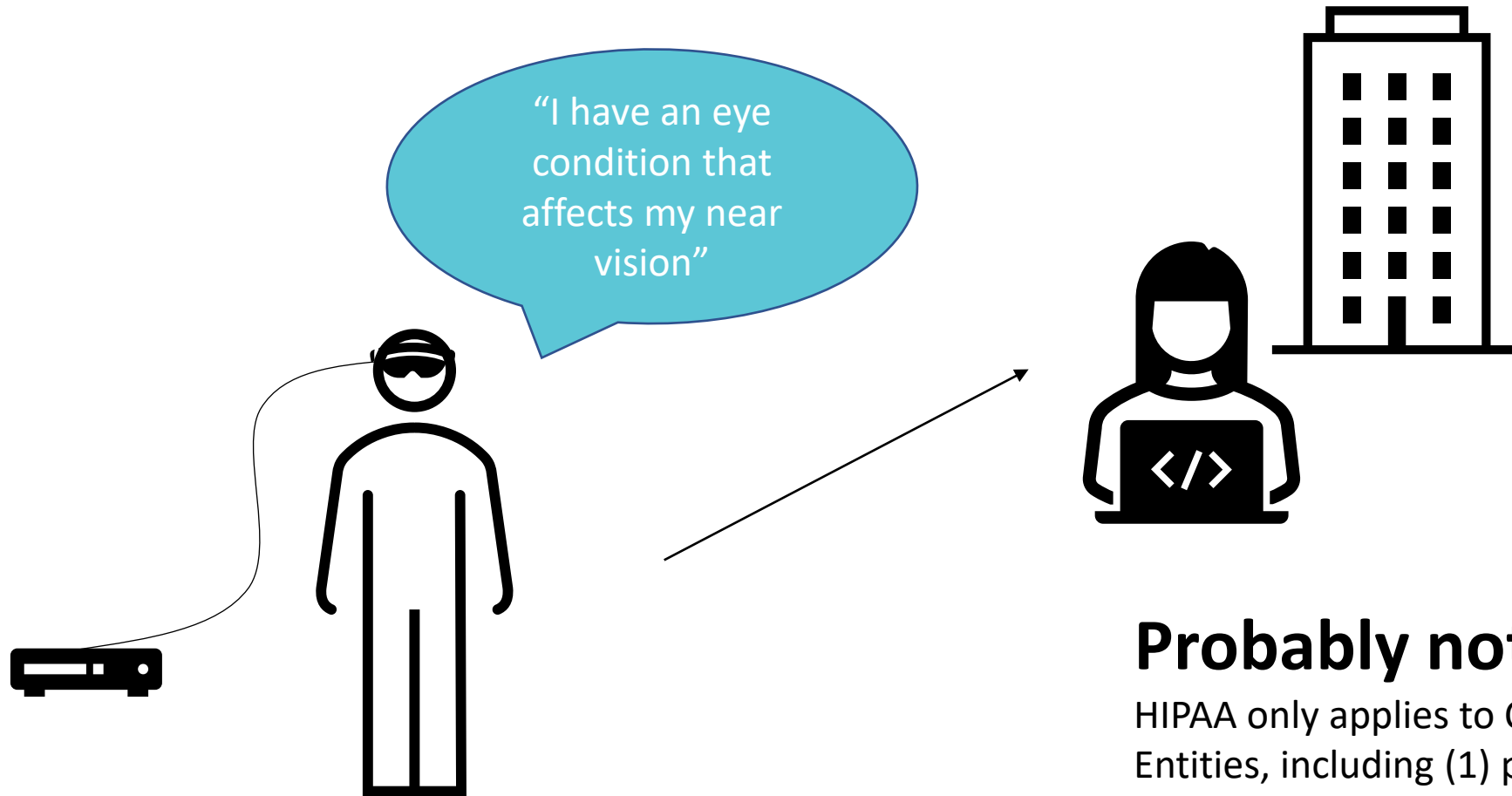


# Does HIPAA apply?





# Does HIPAA apply?

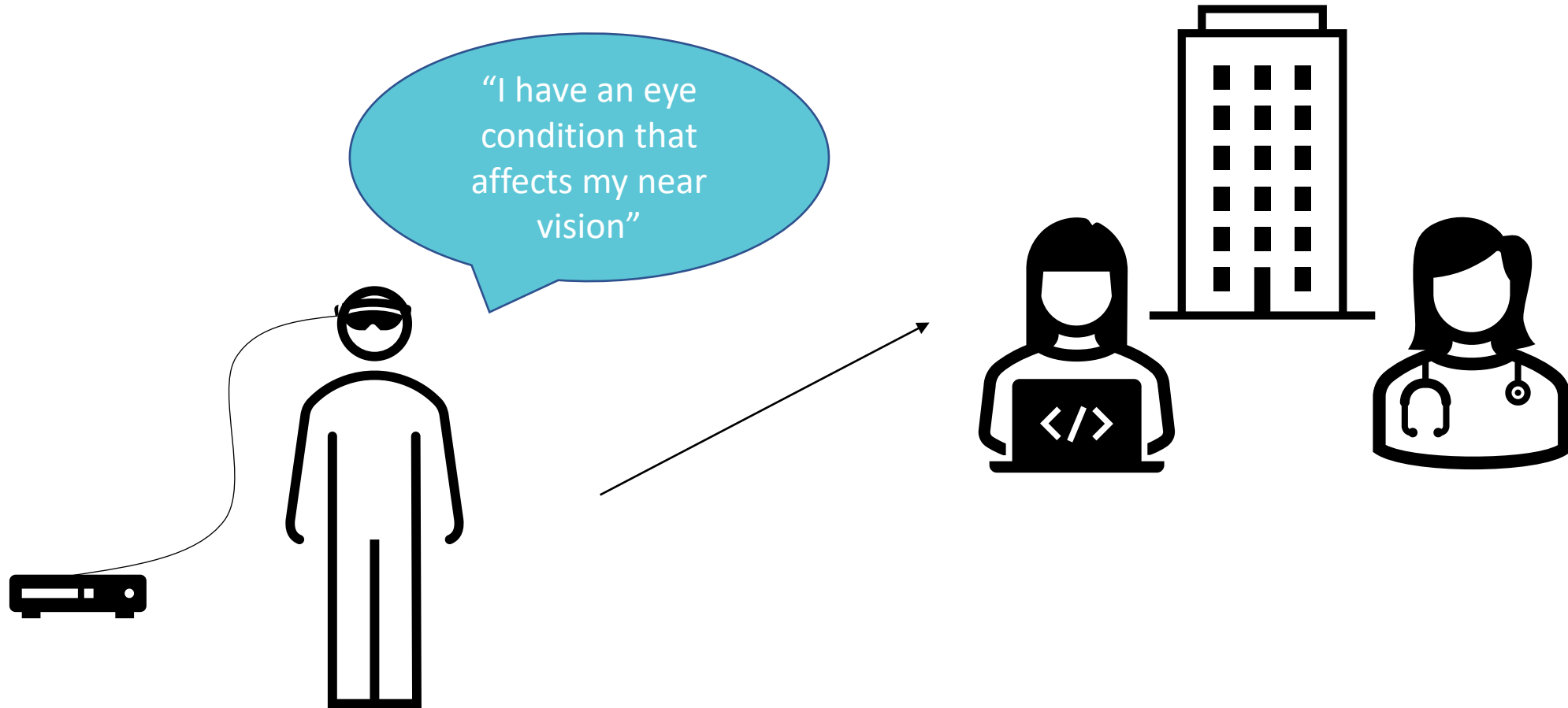


## Probably not.

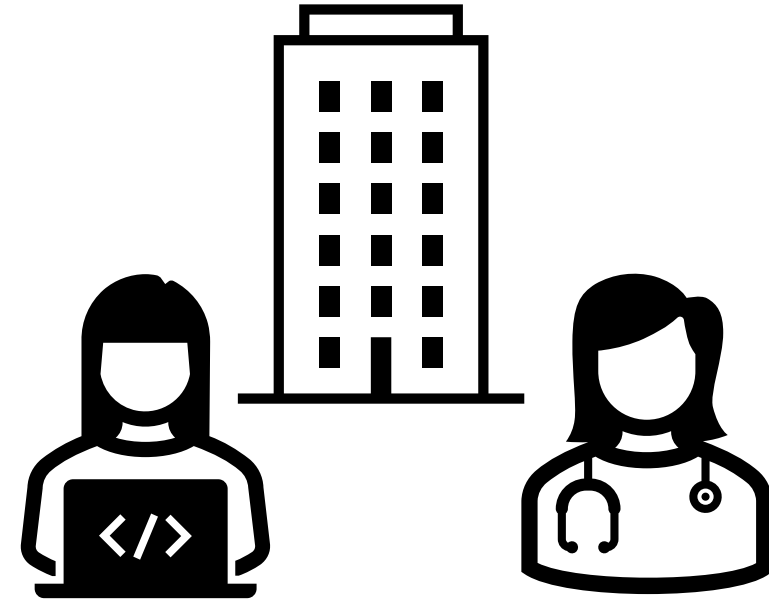
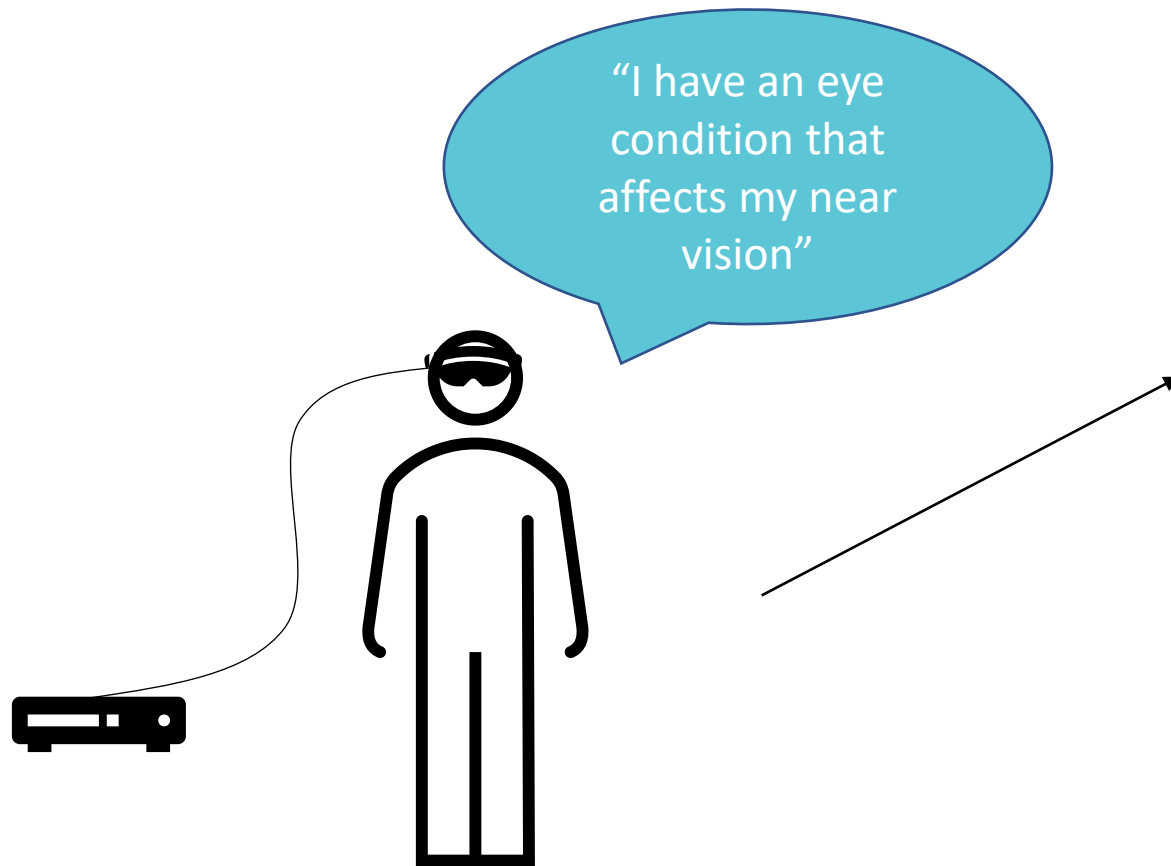
HIPAA only applies to Covered Entities, including (1) providers, (2) health plans, and (3) healthcare clearinghouses.



# Does HIPAA apply?



# Does HIPAA apply?

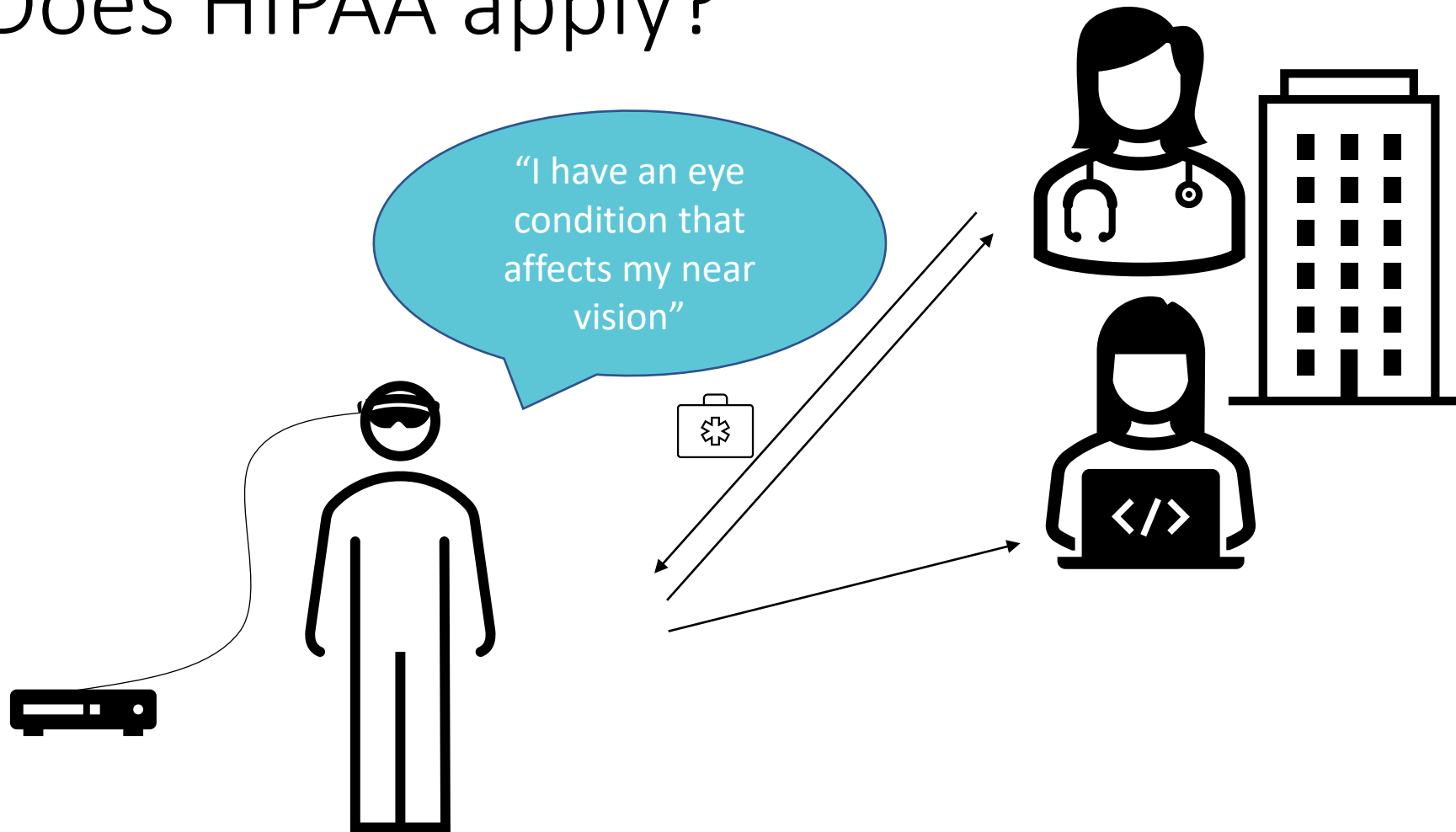


**Still probably not.**

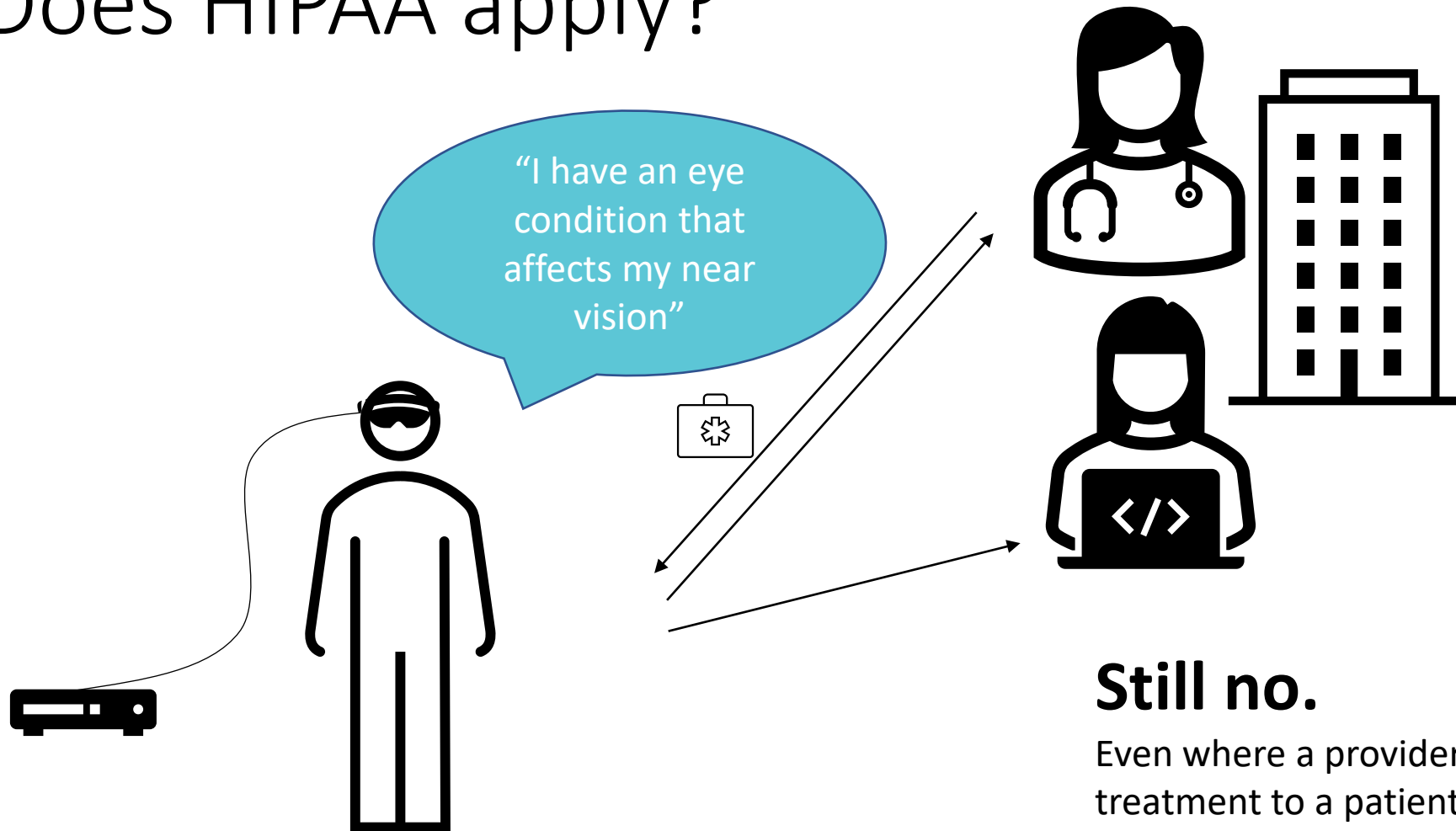
Even if a healthcare provider is involved, e.g. as a consultant, HIPAA only attaches when they engage in standard transactions.



# Does HIPAA apply?



# Does HIPAA apply?

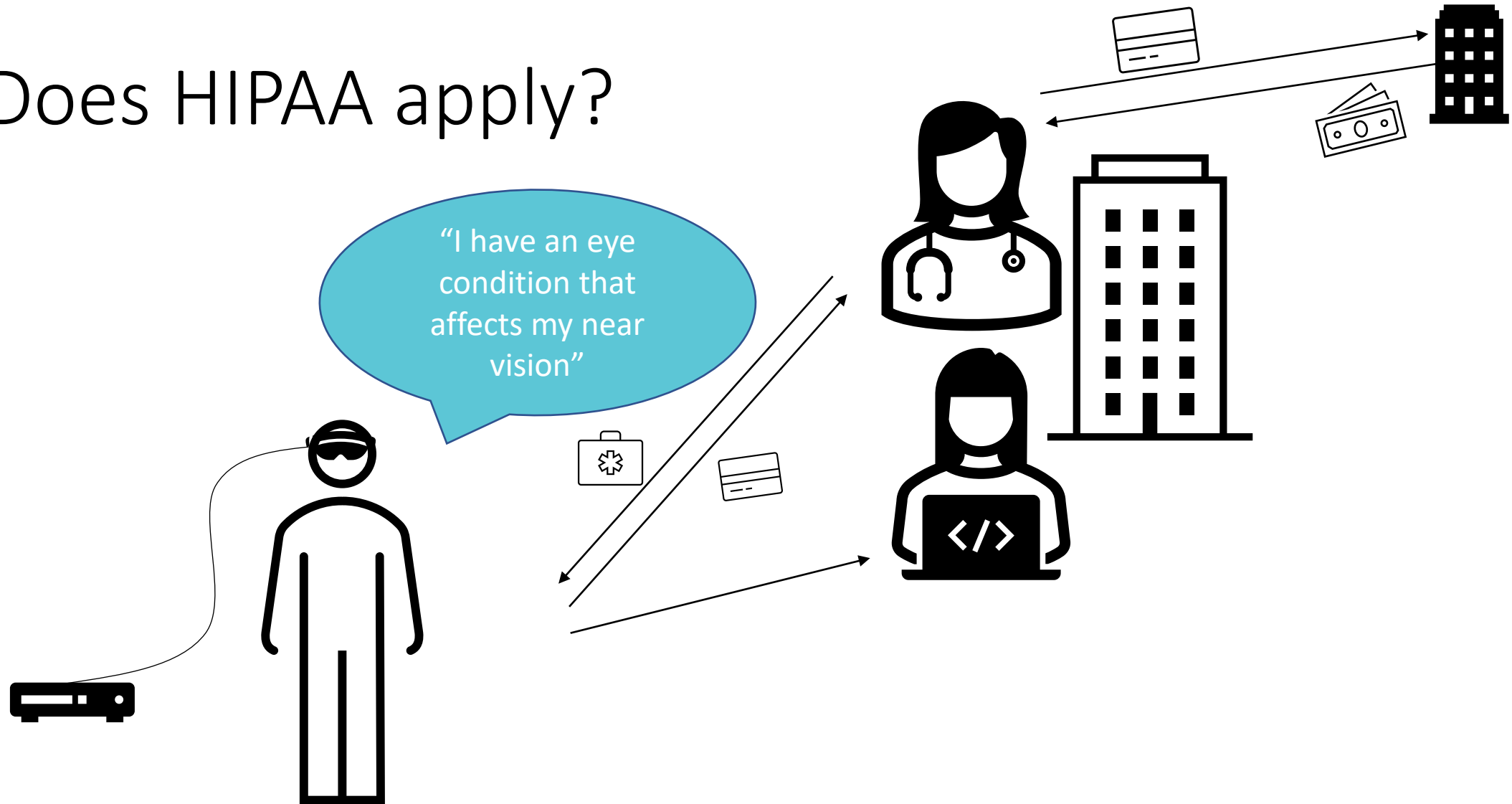


**Still no.**

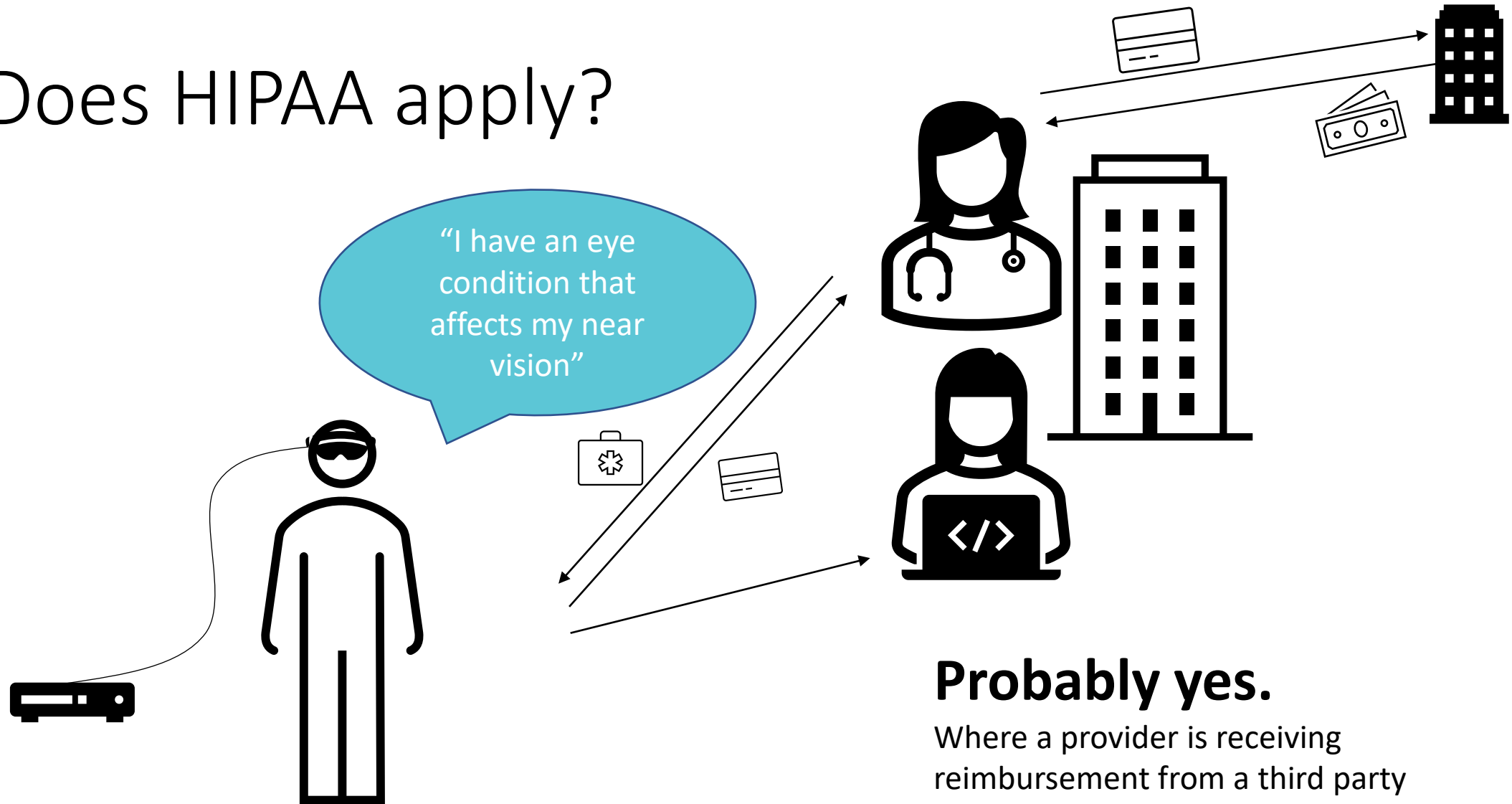
Even where a provider is providing treatment to a patient, HIPAA doesn't apply unless there are standard transactions involved.



# Does HIPAA apply?



# Does HIPAA apply?

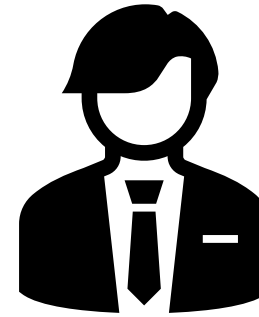
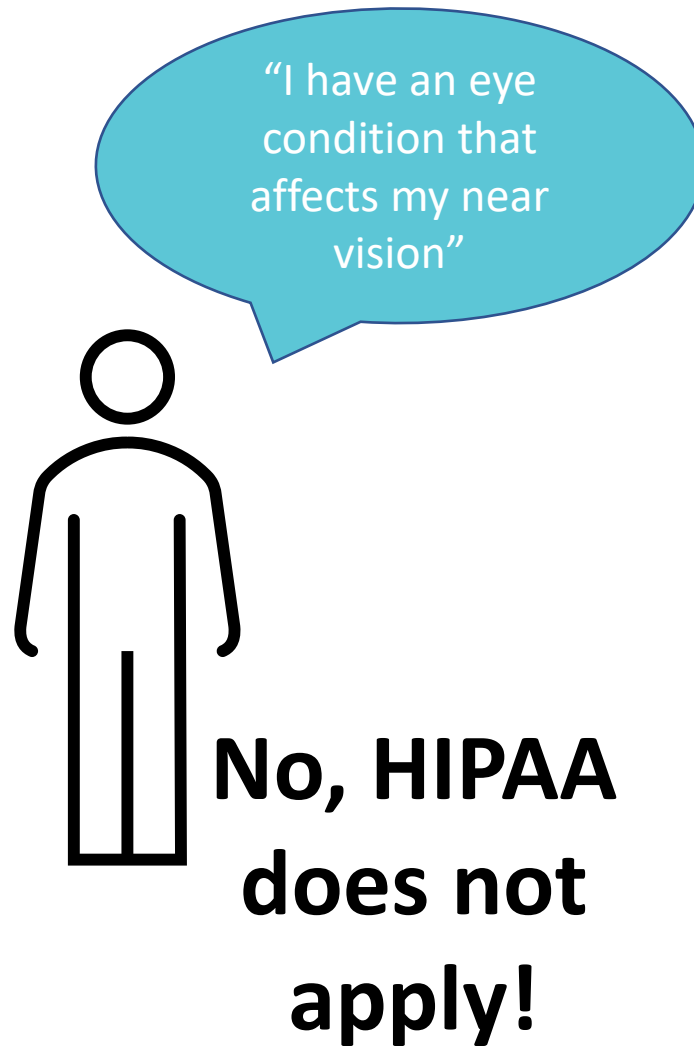


**Probably yes.**

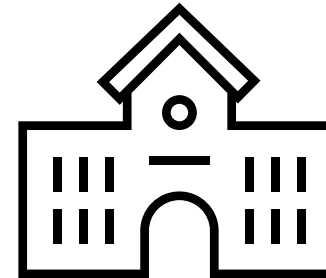
Where a provider is receiving reimbursement from a third party payer, they become a Covered Entity.



# Does HIPAA apply?



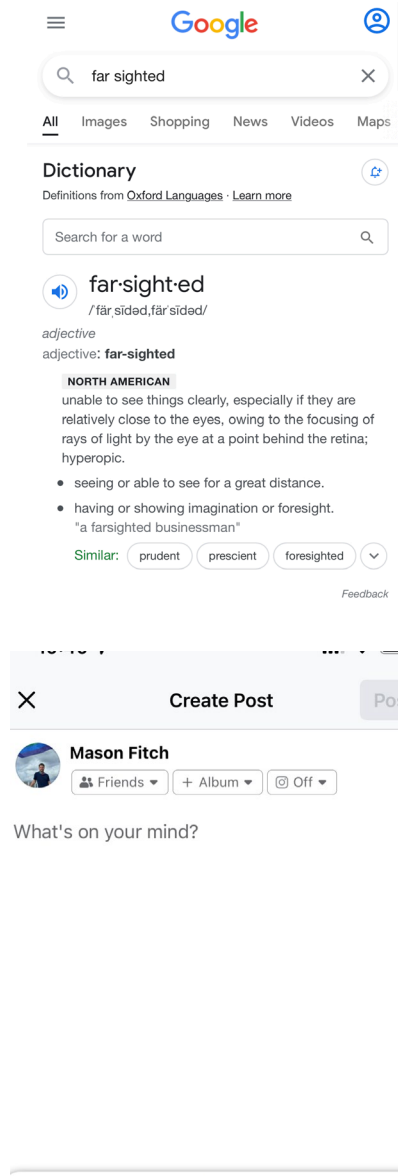
Employer



School

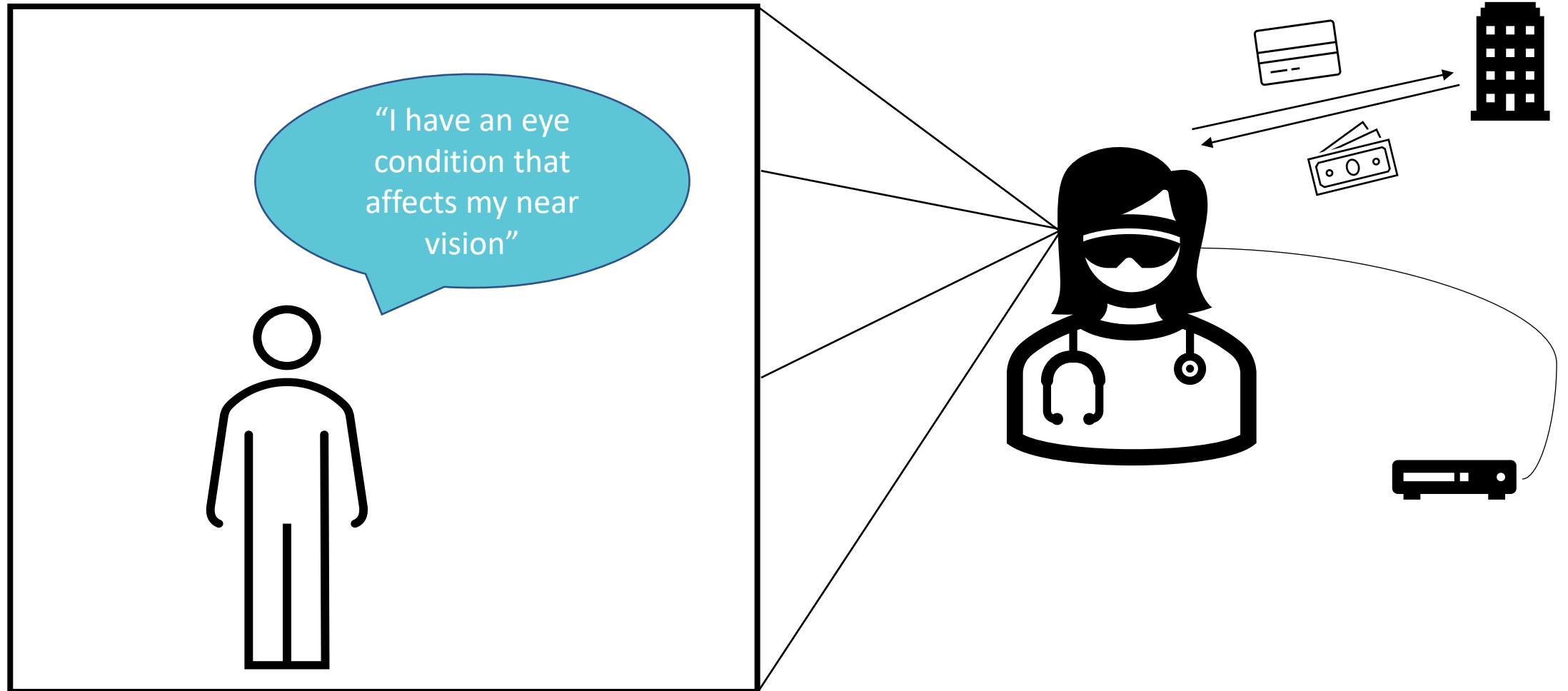


Police/Security

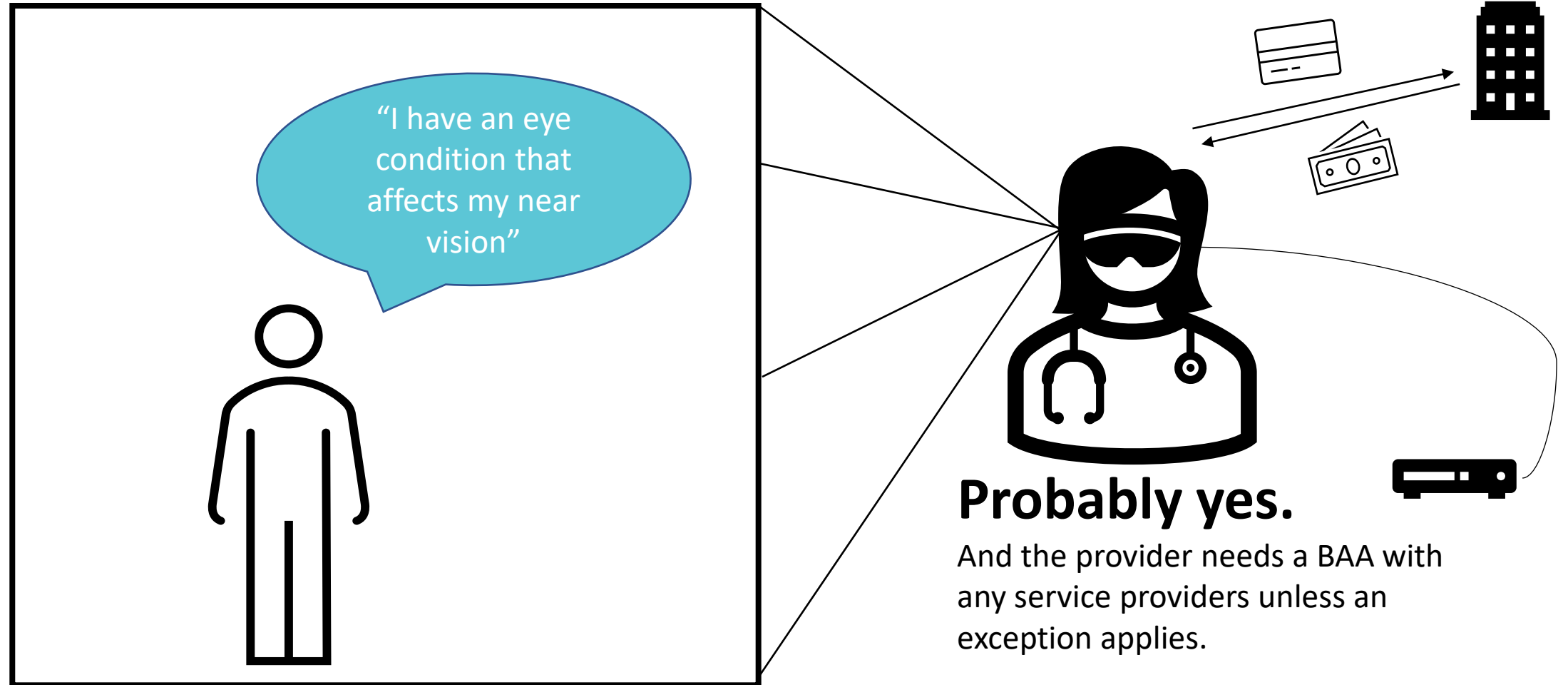




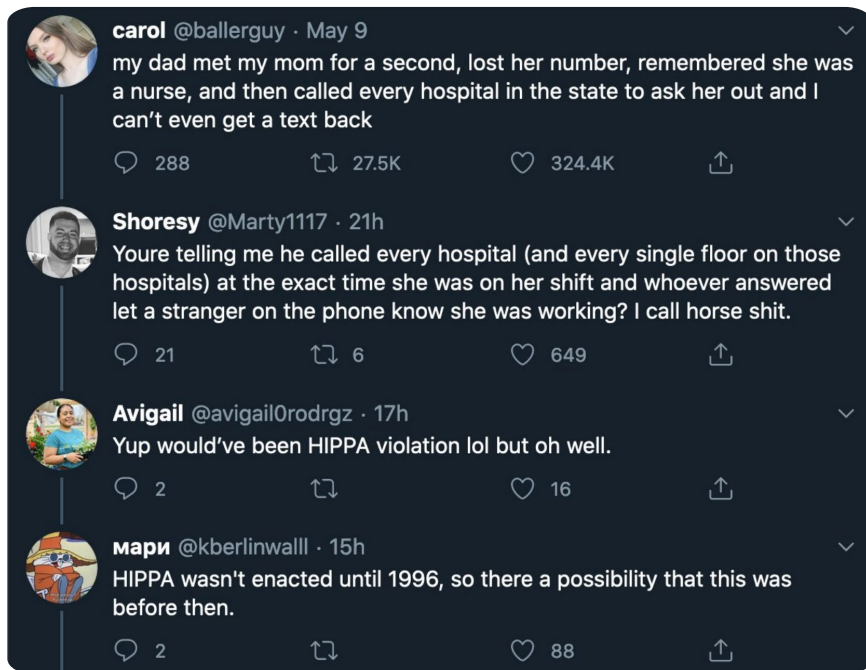
# Does HIPAA apply?



# Does HIPAA apply?



# Spot the inaccuracy...



# Once it applies, HIPAA is prescriptive.

## Privacy Rule

Defines permitted uses for which authorization is not required:

- Treatment
- Payment
- Healthcare operation

Defines uses for which authorization is required:

- Marketing
- Sale
- Anything other than permitted TPO uses

+ Much more

## Security Rule

Prescribes mandatory and addressable security components, both programmatic and technical. E.g., annual risk assessment and encryption of PHI.

+ Much more



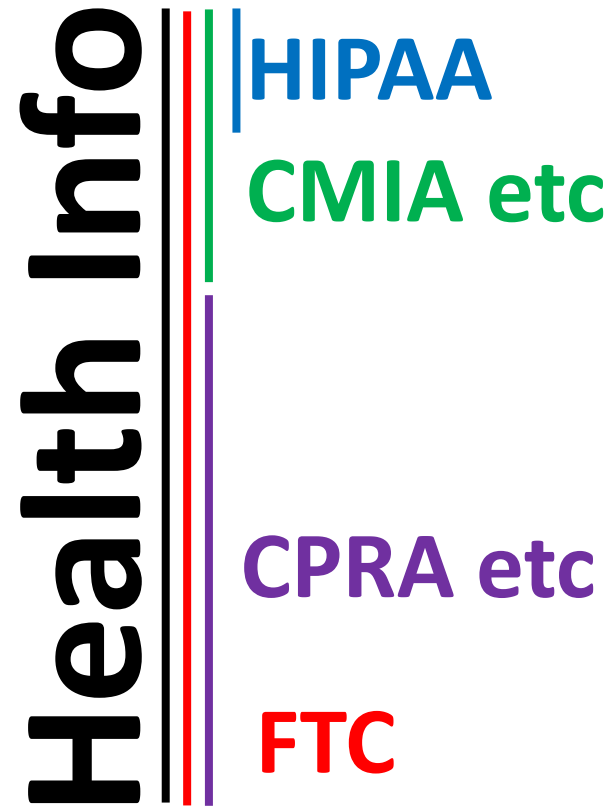
If HIPAA has such limited coverage, what fills the gaps?

**Health Info**

**|HIPAA**



In the US, several laws apply to the broader category of health info.



# In the US, several laws apply to the broader category of health info.

## Health Info

HIPAA

CMIA etc

CPRA etc

FTC

- Many states have health privacy laws that overlap with HIPAA, e.g., the **Texas Medical Records Privacy Act and the California Confidentiality of Medical Information Act**
- Apply to “medical information” handled by providers and plans regardless of type of transaction
  - CMIA: “‘Medical information’ means any individually identifiable information, in electronic or physical form, **in possession of or derived from a provider of health care**, health care service plan, pharmaceutical company, or contractor **regarding a patient’s medical history, mental or physical condition, or treatment.**”
  - TMAP: Applies to “PHI” held by “covered entities,” but CE has a vastly broader definition under state law (“person who maintains an internet site”)
- Apps that store medical information are “providers” subject to CMIA



# In the US, several laws apply to the broader category of health info.

## Health Info

HIPAA

CMIA etc

CPRA etc

FTC

- HIPAA preempts state laws except where state law provides stronger protection
  - CMIA includes a private right of action for breaches
  - NY requires fulfillment of access request within 10 days, as compared to 30 days under HIPAA
  - TX has more restrictive marketing rules
- Glow enforcement: CA AG obtained \$250,000 settlement under CMIA based on security flaws and inappropriate disclosure of non-PHI health info.





# In the US, several laws apply to the broader category of health info.

## Health Info

HIPAA

CMIA etc

CPRA etc

FTC

- Comprehensive consumer privacy laws include protections for a far broader swath of health data
  - CPRA: “sensitive personal information” includes “personal information collected and analyzed concerning a consumer’s health”
  - VCDPA: “sensitive data” includes “personal data revealing mental or physical health diagnosis”
  - CPA: “sensitive data” includes “personal data revealing ... a mental or physical health condition or diagnosis”
  - CT: “sensitive data” includes “data revealing ... mental or physical health condition or diagnosis”
- Exclude data covered by HIPAA/CMIA



# In the US, several laws apply to the broader category of health info.

## Health Info

HIPAA

CMIA etc

CPRA etc

FTC

- What data is exempted?
  - Most state privacy laws exclude data governed by other health laws
  - CPRA Exemptions
    - Medical Information (CMIA) or PHI (HIPAA) collected by CE/BA
    - CE under CMIA/HIPAA, to the extent they treat all data as PHI
    - Personal information collected under Common Rule
  - Some state laws (e.g., VCDPA) include wholesale exemptions for CE/BAs; drafting error?
- Exemptions can result in CE/BAs being subject to several frameworks based on data type



	CPRA	VCDPA	CPA	CT
Definition	“personal information collected and analyzed concerning a consumer’s health”	“personal data revealing mental or physical health diagnosis”	“personal data revealing ... a mental or physical health condition or diagnosis”	“data <u>revealing</u> ... mental or physical health <u>condition or diagnosis</u> ”
Limitation	Consumer right to direct a business, at any time, to “limit the use and disclosure of ... Sensitive PI”	“A controller shall ... Not process sensitive data concerning a consumer without obtaining the consumer's consent ...”	“A controller shall not process a consumer’s sensitive data without first obtaining consent ...”	“A controller shall ... not process sensitive data concerning a consumer without obtaining the consumer's consent ...”
Additional Requirements	Must disclose categories, purposes, and sold/shared status of sensitive PI  Maintain reasonable security	Conduct data protection assessment	Conduct data protection assessment	Conduct data protection assessment

	CPRA	VCDPA	CPA	CT
Definition	“personal information collected and analyzed concerning a consumer’s health”	“personal data revealing mental or physical health diagnosis”	“personal data revealing ... a mental or physical health condition or diagnosis”	“data revealing ... mental or physical health condition or diagnosis”
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Additional Requirements	<p>Must disclose categories, purposes, and sold/shared status of sensitive PI</p> <p>Maintain reasonable security</p>	Conduct data protection assessment	Conduct data protection assessment	Conduct data protection assessment

# What counts as “health” data?

**Health Info**

HIPAA

CMIA etc

CPRA etc

FTC

Location

Purchases

Employee  
temperature checks

Browsing activity

Online  
communities

Physical Traits



# What counts as “health” data?

Health Info

HIPAA

CMIA etc

CPRA etc

FTC

Location

- When is location data also health data?
  - If phone constantly tracks location, is hospital location health data?
  - What if you don't process it to infer health info?
- Example: user location at abortion clinic
  - Geofence for non-health related advertisement (e.g., political ad)?
  - Geofence for health-related advertisement?
  - Profiling?

# What counts as “health” data?

Health Info

HIPAA

CMIA etc

CPRA etc

FTC

Purchases

- Does the purchase of health-related products constitute “health data”?
  - General condition – e.g., Tylenol for headache
  - Widespread condition – e.g., OTC allergy medicines
  - Sensitive and specific – e.g., OTC HIV test
- Possible uses:
  - Grocery store record keeping
  - Rewards programs
  - Targeting

# What counts as “health” data?

Health Info

HIPAA

CMIA etc

CPRA etc

FTC

Browsing Activity

- What inferences can be made from browsing a health-oriented site?
  - Is there a difference between “mayoclinic.com/diabetes-101-newly-diagnosed” and searching “diabetes info”?
    - Do either reveal a “condition” or “diagnosis”?
    - Where do you draw the line between “that person has diabetes” and “that person may have diabetes”?
- Does the activity change the type of data?
  - If logging browsing activity is not health data, what if that same data is used to target people?





# What counts as “health” data?

State	Definition	Site Logs	Purchases	Ad targeting
CA	“personal information <u>collected and analyzed</u> concerning a consumer’s health”	N	N	Y
CO	“personal data <u>revealing</u> ... a mental or physical health <u>condition or diagnosis</u> ”	Y, on some sites	Y?	Y
CT	“data <u>revealing</u> ... mental or physical health <u>condition or diagnosis</u> ”	Y, on some sites	Y?	Y
VA	“personal data <u>revealing</u> mental or physical <u>health diagnosis</u> ”	Y, on some sites	Y?	Y?



# The FTC has jurisdiction across the health data spectrum.

## Health Info

HIPAA

CMIA etc

CPRA etc

**FTC**

- FTC has deceptive/unfair coverage of healthcare entities, regardless of whether or not HIPAA applies
  - Flo settlement alleged deceptive statements relating to handling and sharing of health information, namely fertility tracking
  - Has published guidance on mobile health app privacy + signaled interest in health privacy
- COPPA: recent enforcement action against WW International emphasized health component
  - Tracked weight, food intake, activity, etc.



# The FTC has jurisdiction across the health data spectrum.

## Health Info

HIPAA

CMIA etc

CPRA etc

**FTC**

- Health Breach Notification Rule

- Passed in 2009, but 2021 FTC Policy Statement noted increased need for enforcement
- Applies to vendors of “personal health records,” very broadly defined
- “Breach” is also broadly defined – includes sharing without user authorization
- Only applies to entities not subject to HIPAA
- Requires notice to individual and FTC, and possibly the media



# Example: Mass Gen Cookies Settlement

- Mass Gen was sued under MA breach of privacy law (amid other claims, which were dismissed) for disclosing patient data via pixels (e.g., Facebook Pixel and Google Tag Manager)
  - Tags recorded events such as “/search/q=colon+cancer+treatment+” alongside IP addresses and other identifying info
  - Facebook logged user logging into Patient Gateway
  - Other events logged include “appointments” and “display=new patients”
- Mass Gen used an iFrame, but also appeared to have Advanced Matching turned on (which scrapes PII from field sites)
- Emphasizes potential breadth of health data on sites, plus risk of exposure to third parties
- Tracks other health-data related issues, such as Glow and Flo settlements, involving disclosure of health data through analytics:
  - Custom event R\_PREGNANCY\_WEEK\_CHOSEN
  - Custom event R\_ACCEPT\_PUSHES\_PERIOD



# Facebook Is Receiving Sensitive Medical Information from Hospital Websites

Experts say some hospitals' use of an ad tracking tool may violate a federal law protecting health information

By [Todd Feathers](#), [Simon Fondrie-Teitler](#), [Angie Waller](#), and [Surya Mattu](#)

A tracking tool installed on many hospitals' websites has been collecting patients' sensitive health information—including details about their medical conditions, prescriptions, and doctor's appointments—and sending it to Facebook.

The Markup tested the websites of [Newsweek's](#) top 100 hospitals in America. On 33 of them we found the tracker, called the Meta Pixel, sending Facebook a packet of data whenever a person clicked a button to schedule a doctor's appointment. The data is connected to an IP address—an identifier that's like a computer's mailing address and can generally be linked to a specific individual or household—creating an intimate receipt of the appointment request for Facebook.

## A Third of Top Hospitals' Websites Sent Patient Data to Facebook

On the website of University Hospitals Cleveland Medical Center, for example, clicking the “Schedule Online” button on a doctor's page prompted the Meta Pixel to send Facebook the text of the button, the doctor's name, and the search term we used to find her: “pregnancy termination.”

Clicking the “Schedule Online Now” button for a doctor on the website of Froedtert Hospital, in Wisconsin, prompted the Meta Pixel to send Facebook the text of the button, the doctor's name, and the condition we selected from a dropdown menu: “Alzheimer's.”



# What data gets sent where?

New Patient

Existing  
Patient



IP: 124.45.8934

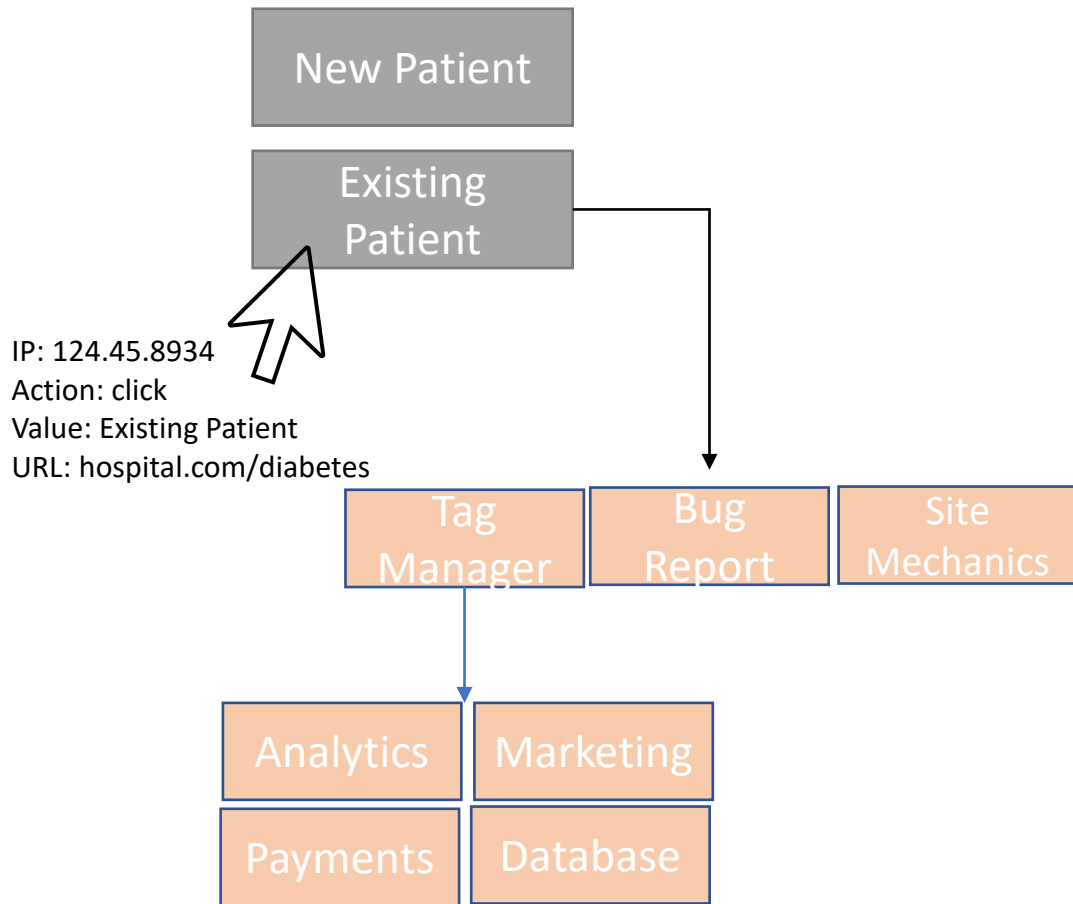
Action: click

Value: Existing Patient

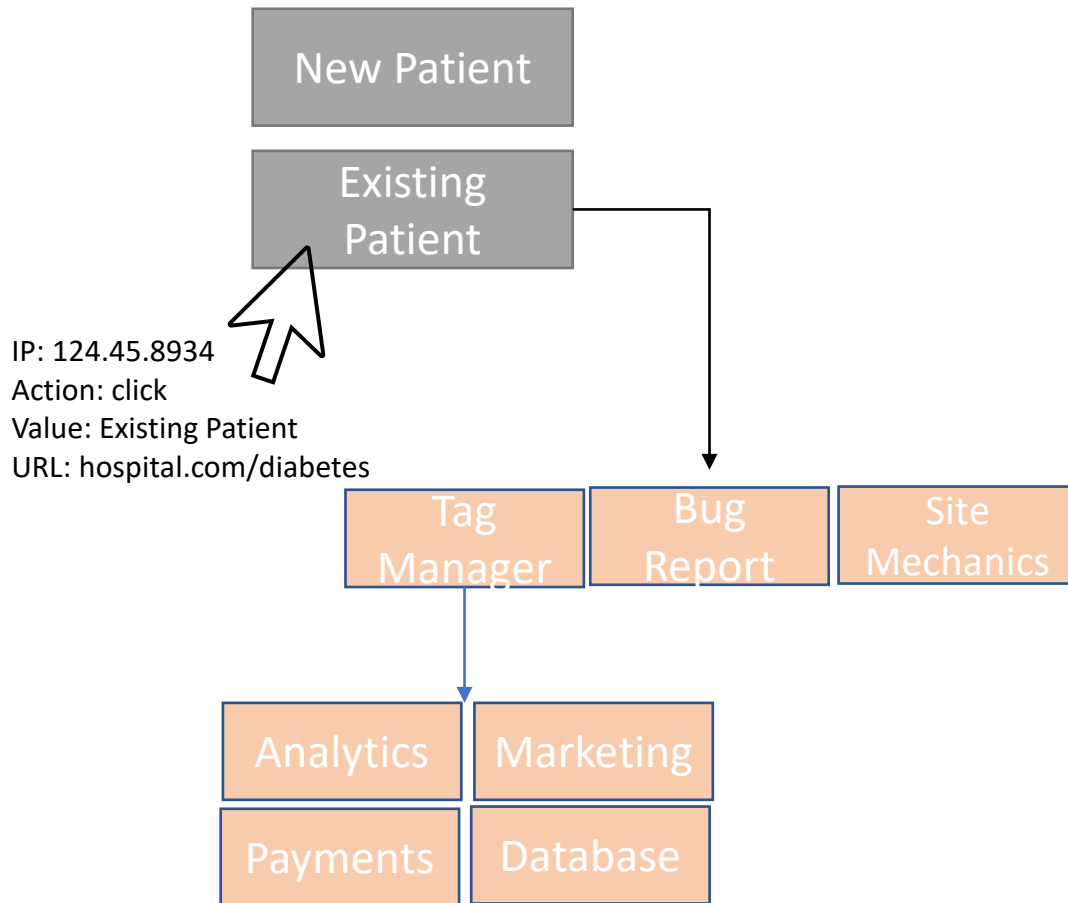
URL: hospital.com/diabetes



# What data gets sent where?



# What data gets sent where?



BAAs?

Downstream use limitations?

Minimization?

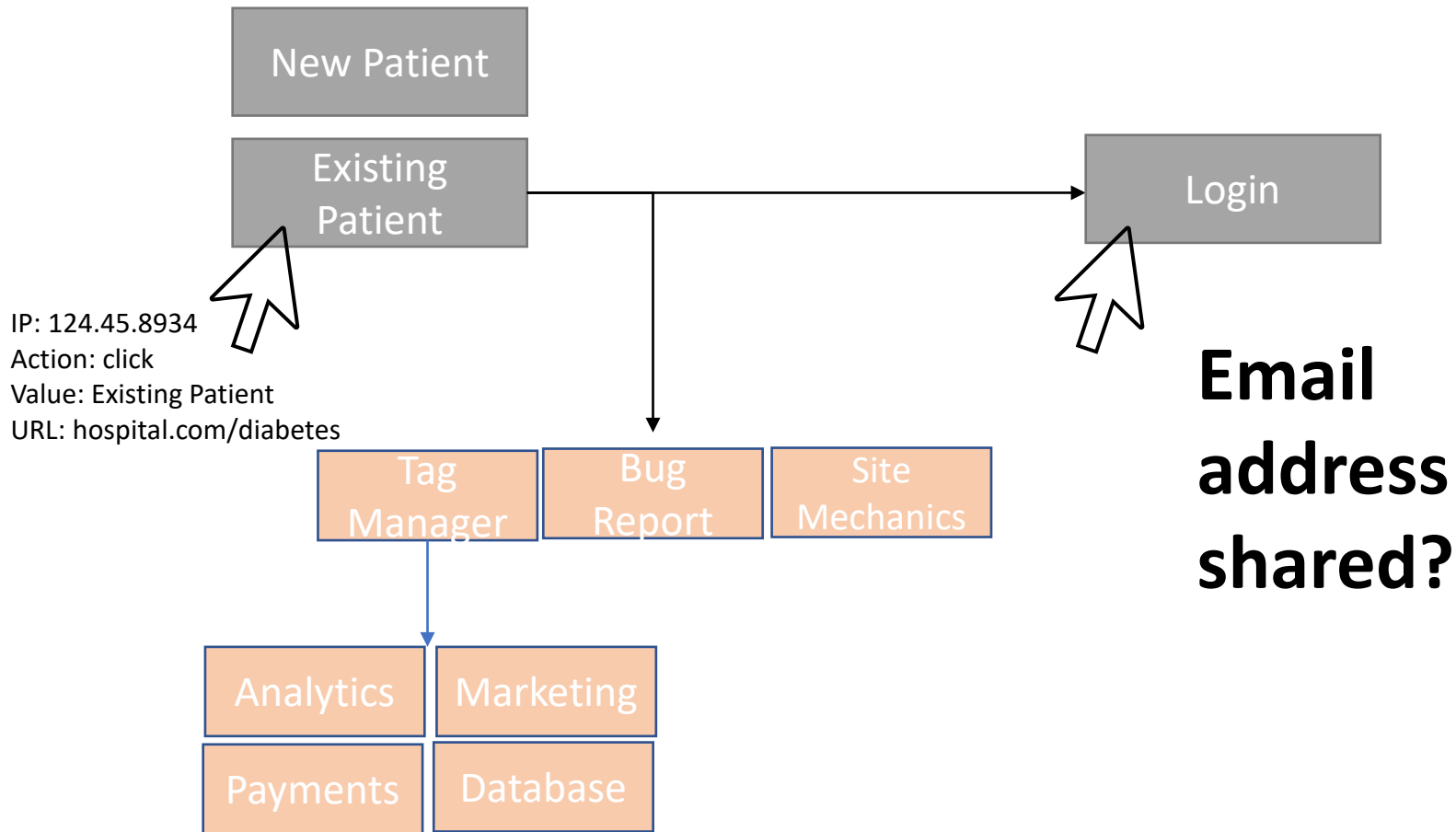
Contractual prohibitions?

Who is the system owner?

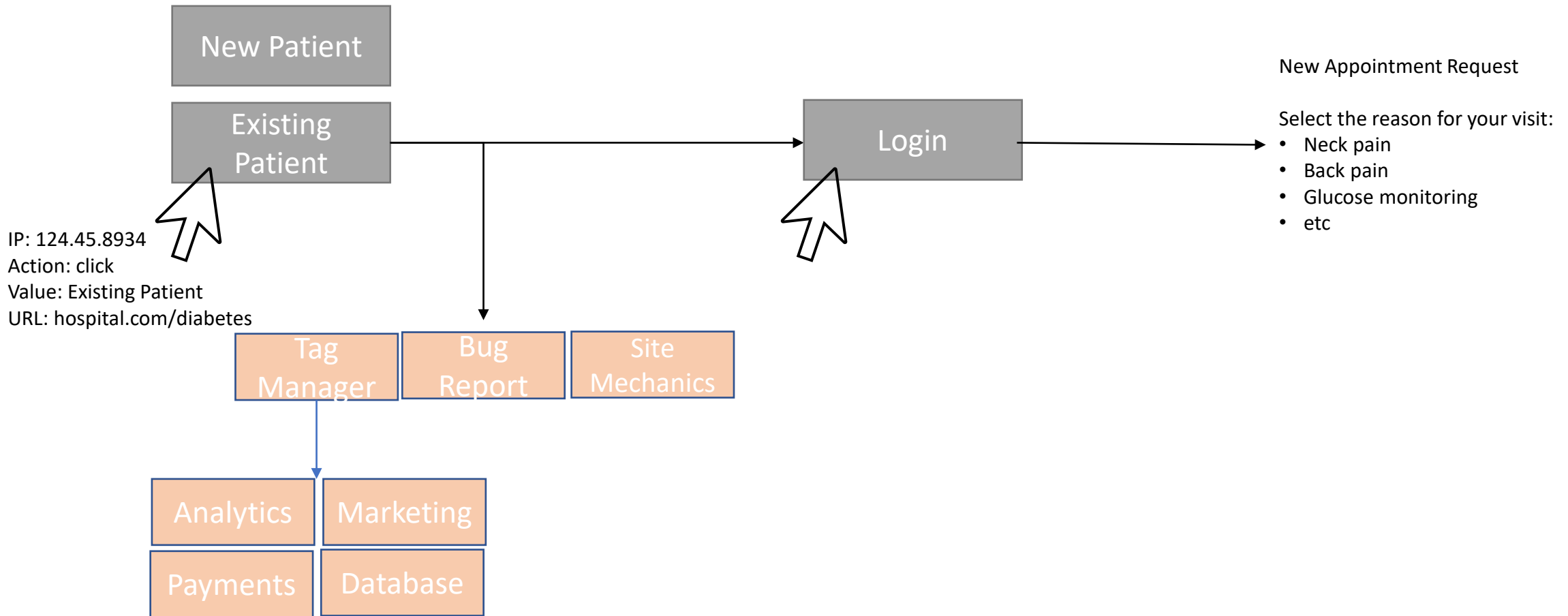




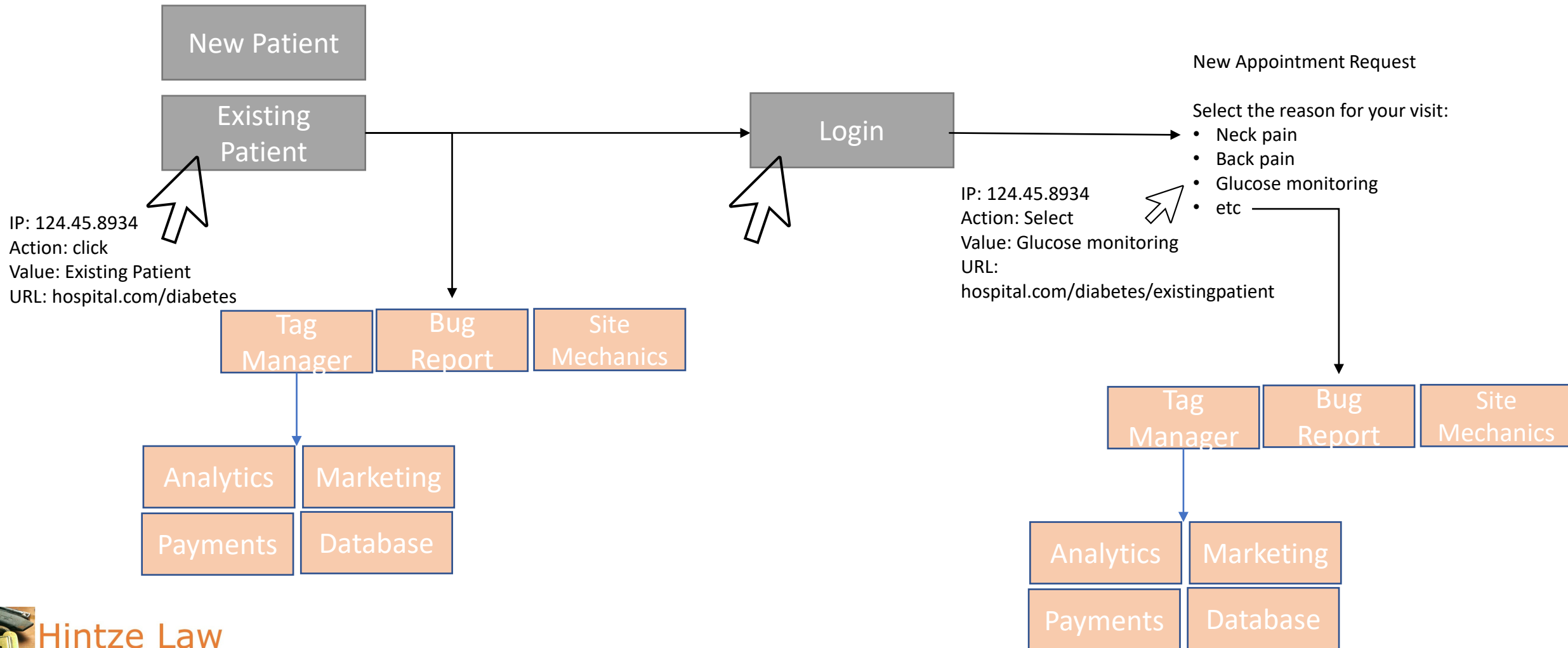
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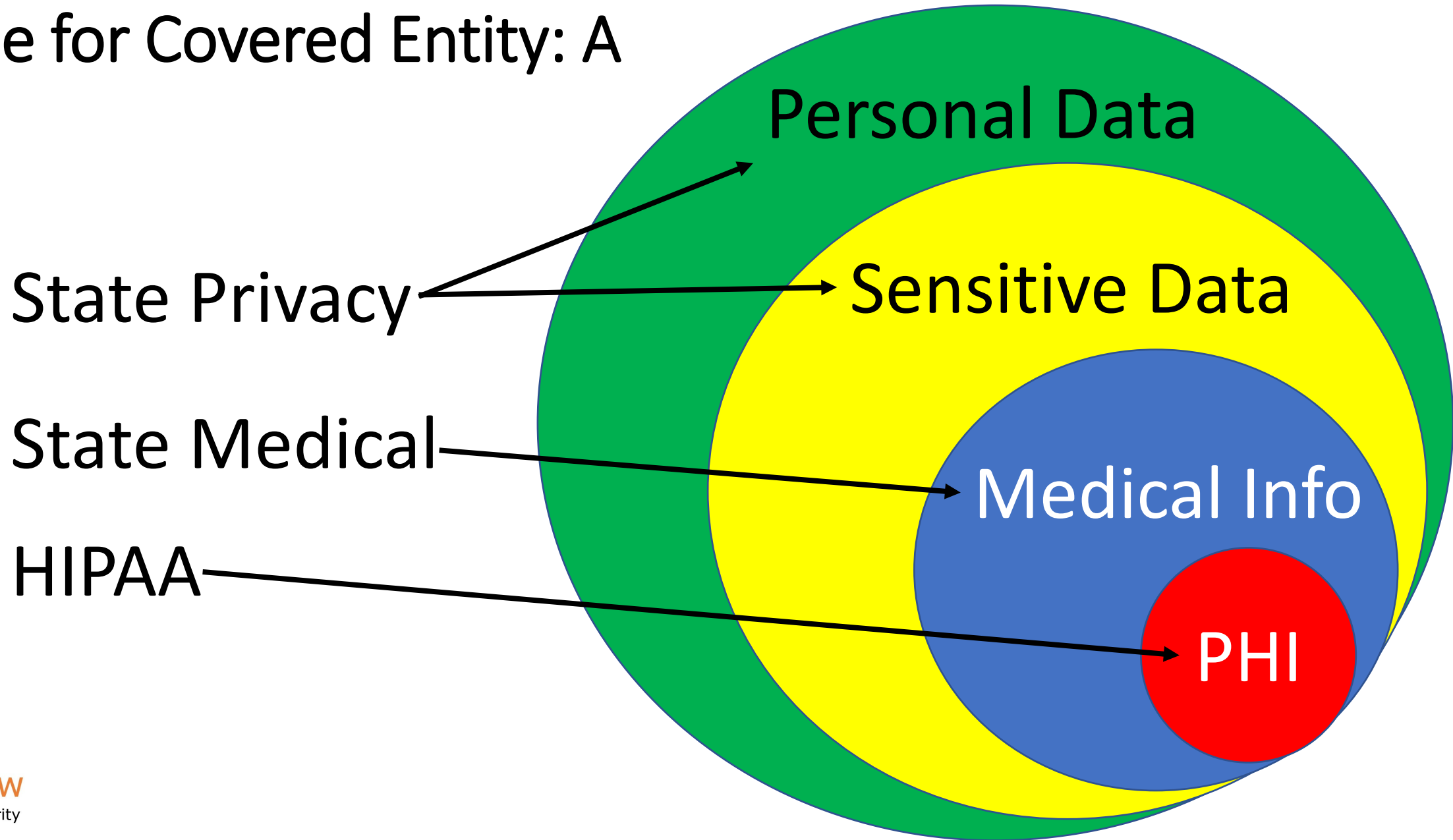


# The important lesson: “health” information can easily be exposed via existing tech infrastructure.

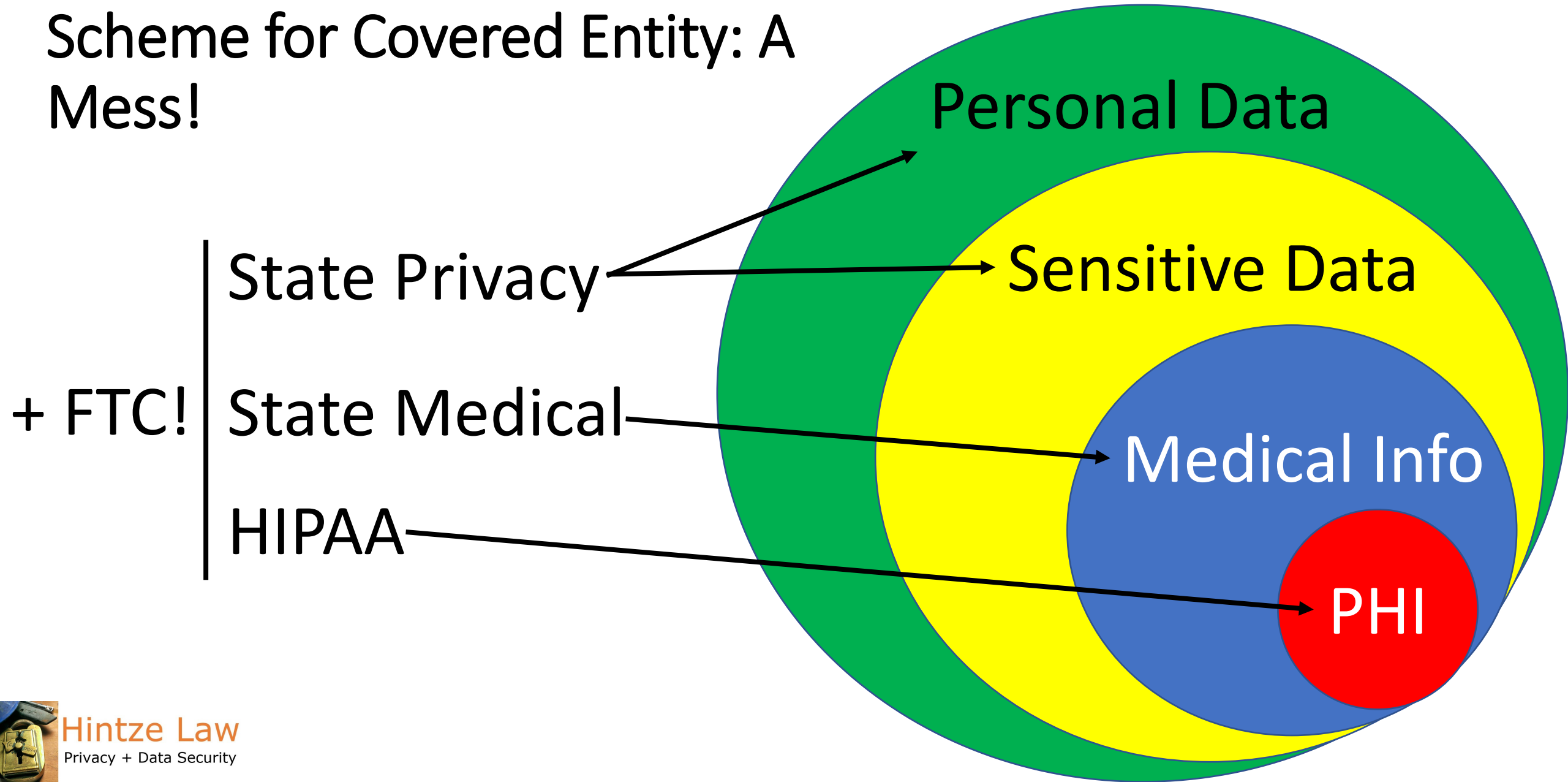
- Train your teams, especially back- and front-end engineers, data analytics, marketing, and product managers
- Develop data classification standards that are clear, accessible, and teach employees how to exercise judgment (or know when to ask for help)
- Privacy by design: don't use health-related information in URLs, app events, etc.
- Likely cannot use out-of-the-box tracking solutions that use javascript



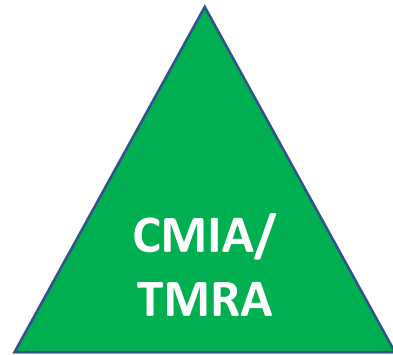
# Possible Regulatory Scheme for Covered Entity: A Mess!



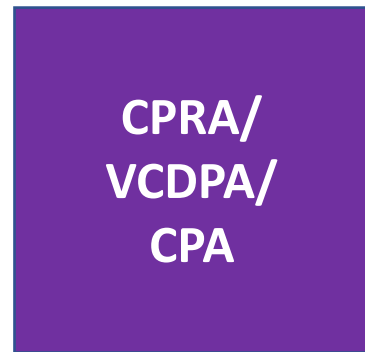
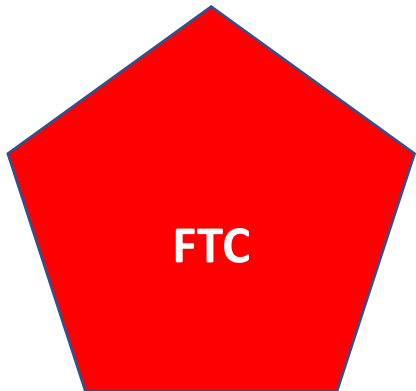
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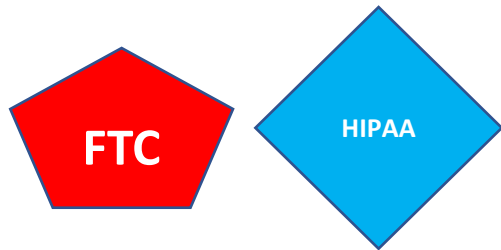
# The bucket that health data falls into can change based on context.



**Where does  
it fit?**



# The bucket that health data falls into can change based on context.



A medical provider diagnoses a patient with diabetes. This information is PHI with respect to the provider and their BAs. The provider is also subject to FTC unfair/deceptive enforcement.



The patient uses an app on their phone to keep track of their health. They include their diabetes diagnosis in the app. The app is a “provider” under CMIA and covered by the FTC’s Health Breach Notification Rule.



The patient joins diabetes support groups online; record of this is likely sensitive information under CPRA/VCDPA/CPA.





# A few other laws to consider...

- [Part 2 Regulations \(substance abuse\)](#)
- [Common Rule \(research\)](#)
- [Fair Credit Reporting Act \(reporting to credit agencies\)](#)
- [Family Educational Rights and Privacy Act \(school health records\)](#)
- [Gramm-Leach-Bliley Act \(insurance underwriting\)](#)
- [Genetic Information Nondiscrimination Act \(genetic privacy\)](#)
- [Telephone Consumer Protection Act \(communicating with patients\)](#)
- [HIV Privacy Laws](#)
- [Mental Health Privacy Laws](#)
- [State Medical Record Access](#)



# Q&A

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