



A CONVERSATION ABOUT DOMESTIC VIOLENCE

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Domestic Violence

- Between current or former intimate partners, *family members*, *roommates*
- Can involve sexual violence, but not always disclosed

Sexual Violence

- Between co-workers, friends, relatives, classmates , or strangers





**In the United States, more than 10
million adults experience domestic
violence annually.**

Source: National Statistics Domestic
Violence Stat Sheet, National Coalition
Against Domestic Violence, [Statistics
\(ncadv.org\)](https://www.ncadv.org)

Did You Know...



1 in 4 women
1 in 10 men

experience sexual violence, physical violence and/or stalking by intimate partners during their lifetime with 'IPV-related impact' such as concern for their safety, PTSD symptoms, injury, or needing victim services.



1 in 3

Texas women

experience domestic violence in their lifetimes.



1 in 5 female
1 in 9 male

need legal services.

Source: National Statistics Domestic Violence Stat Sheet, National Coalition Against Domestic Violence, [Statistics \(ncadv.org\)](https://www.ncadv.org)



23.2% of women and 13.9% of men

have experienced severe physical
violence by an intimate partner during
their lifetime.

Source: National Statistics Domestic
Violence Stat Sheet, National Coalition
Against Domestic Violence, [Statistics](https://www.ncadv.org)
([ncadv.org](https://www.ncadv.org))



A graphic on the left side of the slide featuring silhouettes of a diverse group of people. In the foreground, there are solid black silhouettes of several individuals, including men and women of various ages and builds. Behind them are lighter, semi-transparent grey silhouettes of more people, creating a sense of a large, diverse crowd. The silhouettes are arranged in a way that suggests a group standing together.

Domestic violence affects all communities.

On average, a victim will leave the abuser 7 times before being able to leave for good.

There are many valid reasons why someone doesn't "just leave" an abusive relationship.

Leaving/attempting to leave is the most dangerous time for the victim.

FAMILY VIOLENCE FATALITIES

228

TEXANS KILLED BY
INTIMATE PARTNERS

31

FRIENDS, FAMILY,
BYSTANDERS KILLED

17

FRIENDS, FAMILY,
BYSTANDERS INJURED

23%

INCREASE IN HOMICIDES
BETWEEN 2019 AND 2020

45%

WOMEN KILLED HAD MADE
ATTEMPTS TO SEEK HELP
OR END THE RELATIONSHIP

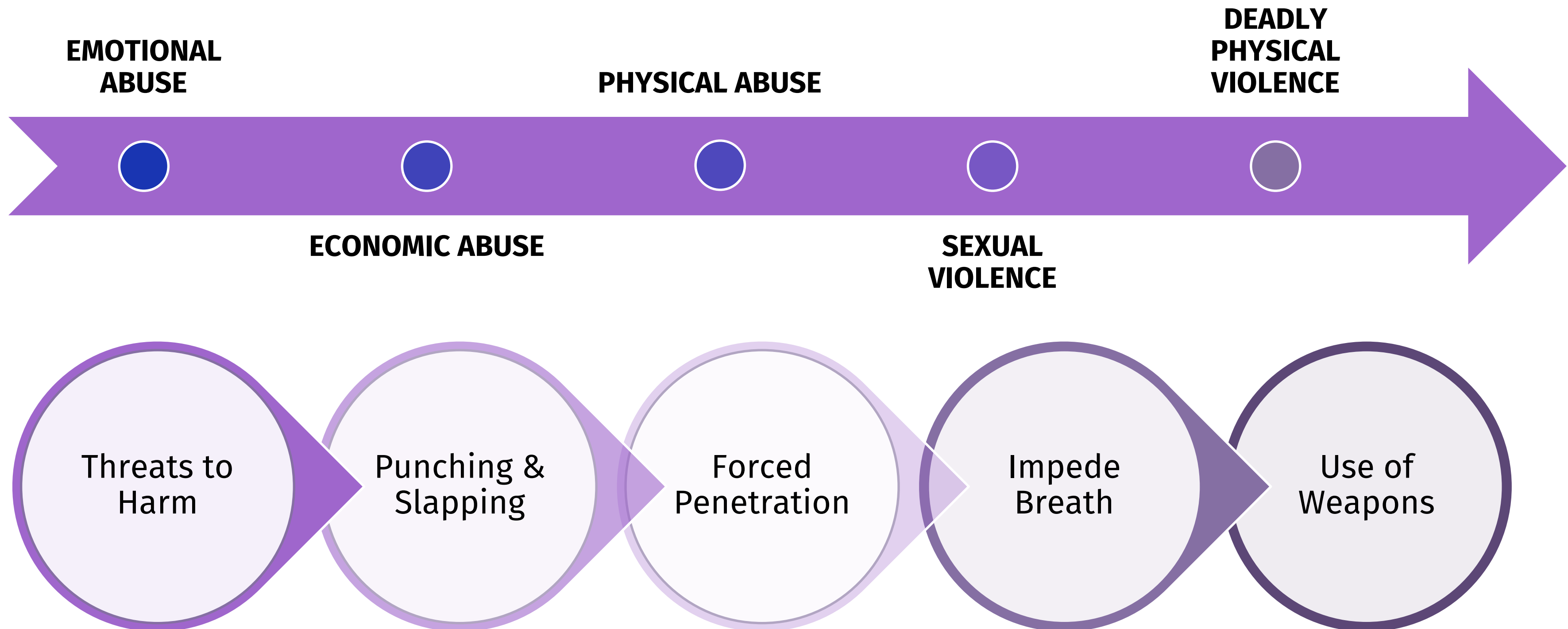
67%

VICTIMS KILLED
IN THEIR HOME

COUNTY MAP

HIGHEST FATALITIES BY COUNTY

Domestic Violence Spectrum



High Lethality Factors



01

History of
sexual assault

02

Violent and
constant
jealousy

03

Control of
victim's daily
activities

04

Recent increase
in the physical
violence

High Lethality Factors



05

Past use or threats to use a weapon

06

Threats to kill victim or victim's family, including children

07

Victim's belief that abuser might kill them

08

Abuser access to a gun

09

History of strangulation

High Lethality Factors



10

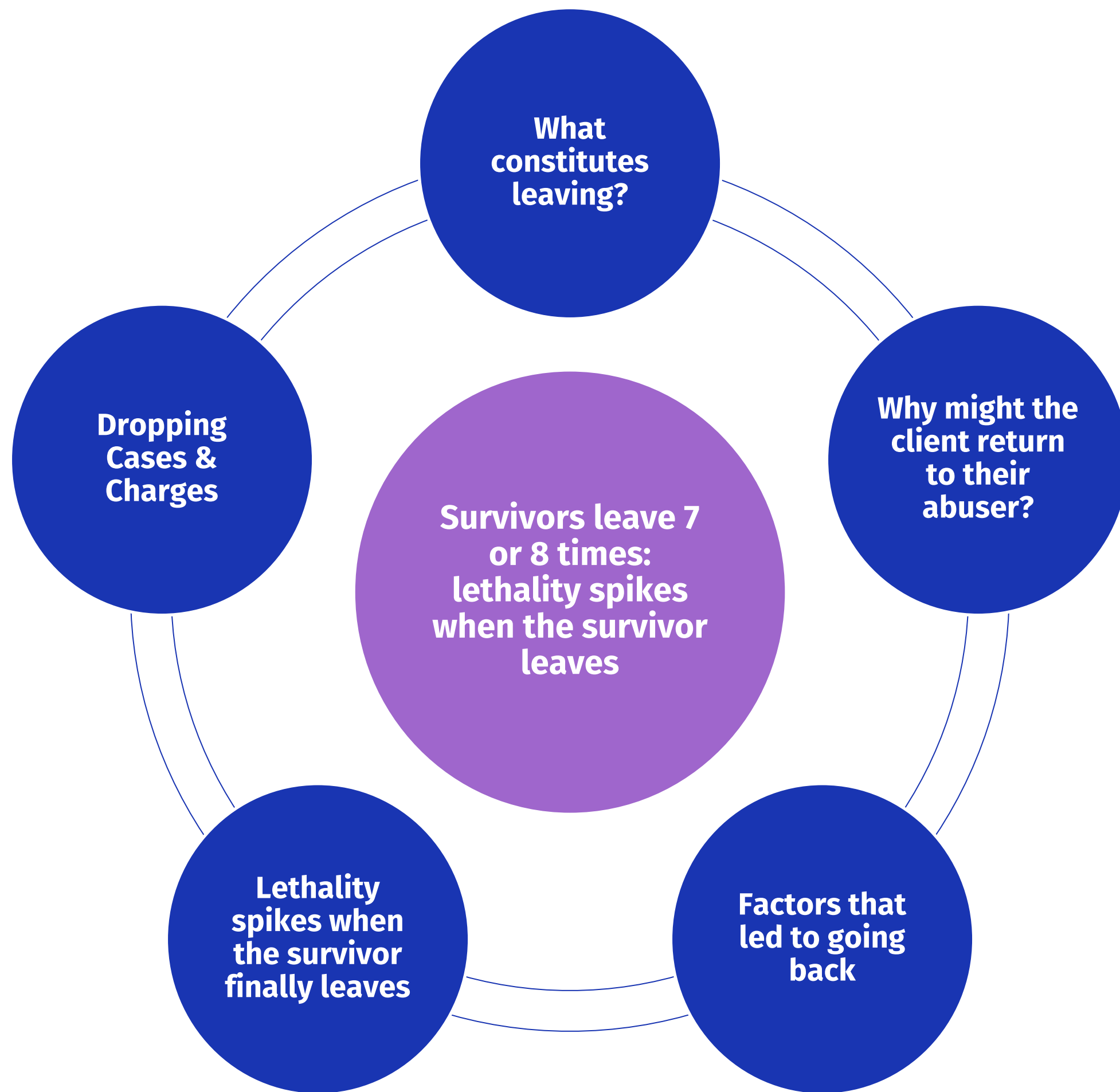
Victim has left,
separated from, or
divorced abuser

Available Civil Protective Orders

- ◆ Family Violence Protective Order
- ◆ Sexual Assault Protective Order
- ◆ Stalking
- ◆ Trafficking



Domestic Violence Cycle



Careful about judging:
If the survivor is still caught up in the cycle, they may come back to you.

Asking About Domestic Violence

Do you feel
safe at
home?

Has your
partner ever
pushed,
slapped, hit
or hurt you?

Has your
partner ever
threatened
you?

Has your
partner ever
forced you
to do
something
you did not
want to do?

Is there
anything
that goes on
at home
that makes
you feel
afraid?

I've noticed that....

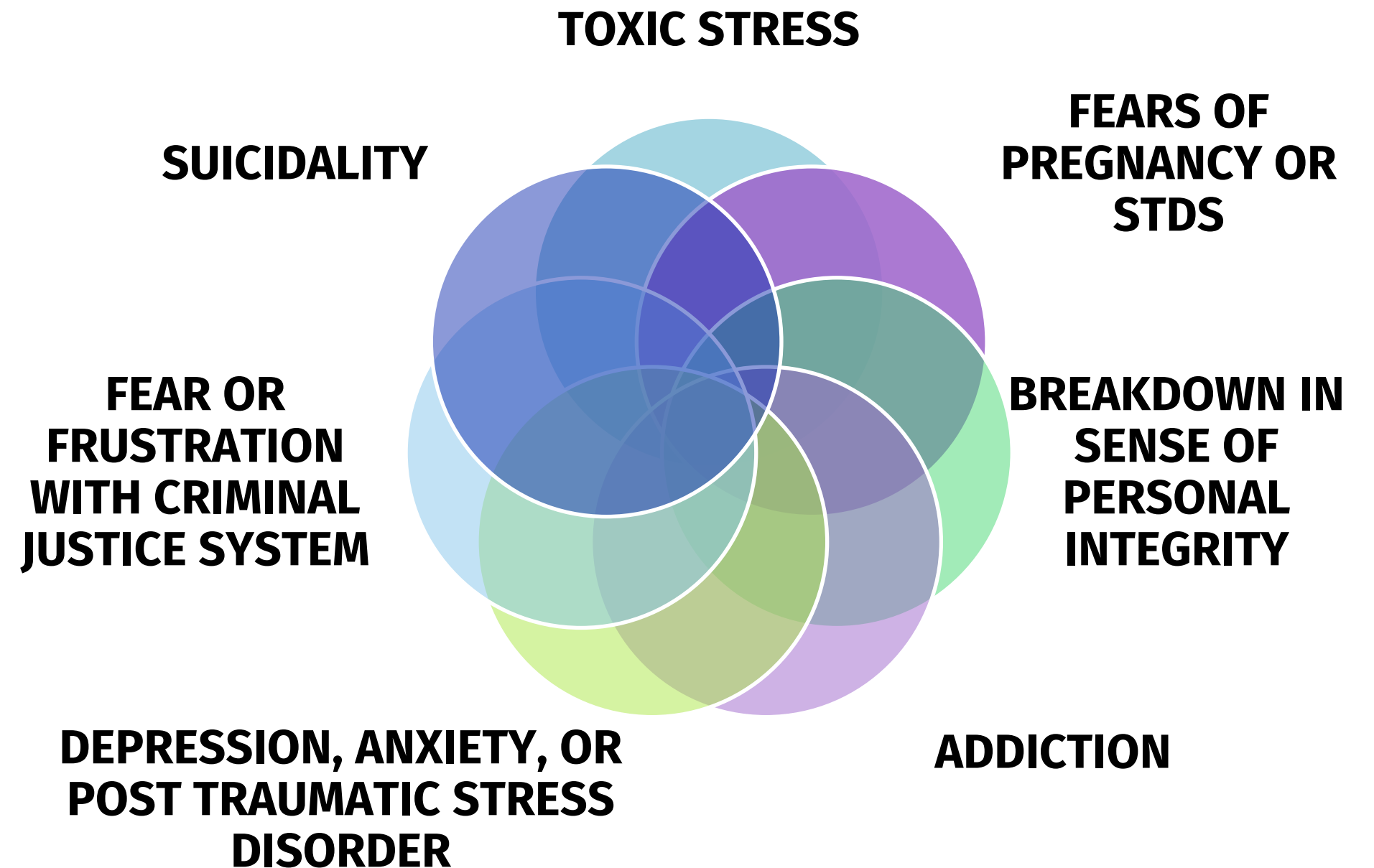




Effects of Intimate Partner Violence

SOURCE:

<https://www.rainn.org/effects-sexual-violence>;
<http://www.joyfulheartfoundation.org/learn/domestic-violence/effects-domestic-violence>



Trauma

RESULTS from a single event or series of events (REGARDLESS OF SEVERITY)

Causes physical or emotional harm

Has *lasting* effects on integrative functioning of the brain (*Dan Siegel*)

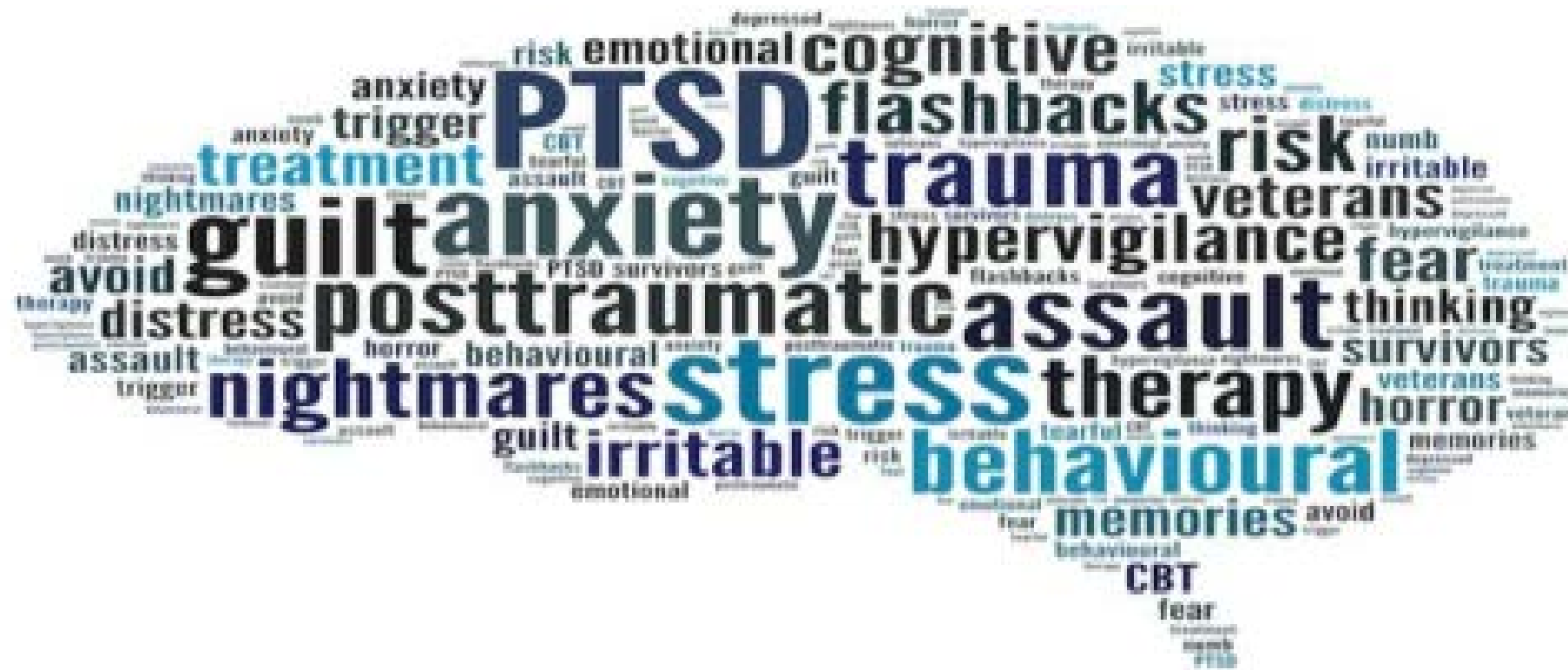
Overwhelms the ability to cope, control oneself, connect with others

Triggers responses not chosen by the victim



Trauma is not the event itself,
but **OUR REACTION** to the event
and the loss of resiliency in the
nervous system.

Peter Levine



The background features a collection of stylized, raised hands in various colors including shades of pink, purple, blue, and grey. Each hand has a white heart symbol on its palm. The hands are positioned at different heights and angles, creating a sense of movement and collective participation. In the bottom left corner, there are several overlapping geometric shapes in dark blue, purple, and teal.

Questions?

More Resources

- ◆ RAINN - <https://www.rainn.org/articles/tips-talking-survivors-sexual-assault>
- ◆ VICTIM RIGHTS LAW CENTER - http://www.victimrights.org/resources-professionals#sub_content_1_wrapper
- ◆ MIGRANT CLINICIANS NETWORK - <https://www.migrantclinician.org/>
- ◆ NATIONAL NETWORK TO END DOMESTIC VIOLENCE - <https://nnedv.org/>
- ◆ CENTER ON THE DEVELOPING CHILD - <https://developingchild.harvard.edu>

More Resources

- ◆ American Bar Association -
https://www.americanbar.org/advocacy/rule_of_law/publications/assessments/htat/
- ◆ Human Trafficking Hotline -
<https://humantraffickinghotline.org/state/texas>
- ◆ National Coalition Against Domestic Violence -
<https://ncadv.org/>
- ◆ Texas Council on Family Violence –
<https://tcfv.org/> -
[tcfv htv summary facts 2020.pdf \(netdna-ssl.com\)](https://tcfv.org/htv/summary/facts/2020.pdf)

More Resources

- Establishing a Trauma-Informed Lawyer-Client Relationship - American Bar Association
https://www.americanbar.org/groups/public_interest/child_law/resources/child_law_practiceonline/child_law_practice/vol-33/october-2014/establishing-a-trauma-informed-lawyer-client-relationship/
- Trauma-Informed Victim Interviewing – Office for Victims of Crime Training & Technical Assistance Center <https://www.ovcttac.gov/taskforceguide/eguide/5-building-strong-cases/53-victim-interview-preparation/trauma-informed-victim-interviewing/>
- Tools for Transformation – National Center On Domestic Violence , Trauma, and Mental Health http://www.nationalcenterdvtraumamh.org/wp-content/uploads/2018/04/NCDVTMH_2018_ToolsforTransformation_WarshawTinnonCave.pdf
- Trauma Abounds: A Case for Trauma-Informed Lawyering – Claudia Peña, UCLA Law <https://escholarship.org/uc/item/7mx6n04n>
- The Pedagogy of Trauma-Informed Lawyering - Sarah Katz, Assistant Clinical Professor of Law, James E. Beasley School of Law, Temple University, and Deeya Haldar, Adjunct Professor of Law, Thomas R. Kline School of Law at Drexel University
https://www.law.nyu.edu/sites/default/files/upload_documents/Katz%20-%20Halder%20Pedagogy%20of%20Trauma-Informed%20Lawyering.pdf

More Resources

- ◆ Burnout: HelpGuide.org
<https://www.helpguide.org/articles/stress/burnout-prevention-and-recovery.htm>
- ◆ Vicarious Trauma and Compassion Fatigue: American Institute of Stress
<https://www.stress.org/military/for-practitionersleaders/compassion-fatigue>
- ◆ Secondary Trauma and Indirect Trauma: Good Therapy
<https://www.goodtherapy.org/blog/psychpedia/vicarious-trauma>
- ◆ Self-Care: What is Your Self-Care Plan?, 73 Tex. B.J. 656; The Art of Resting, 104-Feb A.B.A. J. 28; Quick Tips for Good Health, 45-Jul Colo. Law. 85; Overcoming Anxiety, 73 Tex. B.J. 666